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Roosevelt Borough



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Borough Council Report *by Herb Johnson*

Stefan Martin Remembered; Council Hears Public Complaints

Borough Council President Stuart Kaufman presided at the Regular Meeting on October 10 in the absence of Mayor Lee Allen. He asked everyone present to observe a moment of silence for Roosevelt resident Stefan Martin, who died during the past week while fishing in the Assunpink lake.

Councilman Kaufman reported that Dan and Abby Notterman attended the Planning Board Meeting, confirming further that they intend to build on the 109 acres at the end of Farm Lane. They appreciated the Council's vote against repealing the ordinance to allow continued growth of Roosevelt consistent with the master plan. At the Council's Agenda Meeting on October 3, Mayor Allen commented, "We've cleared to allow for some

of the north 500 acres to be developed, but more follow up is needed." At that meeting, he also said, following up on suggestions to reduce taxes, invitations were sent to all local school board members and school superintendents to attend the next meeting of Mayors of Roosevelt, Allentown, Millstone, Upper Freehold

Township and Plumsted. During the public portion of the Regular Meeting, before council action, Nona Sherak, Louis Esakoff, Jack Rindt and Richard Hutchins spoke. Ms. Sherak, of 4 Maple Court, brought a jar of rust tinted water to the Council and complained that all residents on Maple Court have had rusty water for many years and it has gotten worse since the water pressure dropped on September 14 due to an overnight pump shut down. Mr. Esakoff said the Borough has been negligent in not cleaning out the settling tank



Stefan Martin 1936-1994
see page 12

(cont. on pg. 9)

From the Mayor

By Mayor Lee R. Allen

Autumn is very picturesque with the changing colors of the trees and the carpet of multicolor leaves covering the roadways and yards. Washington, D.C. was just starting to change the week of October 10 as I was attending an annual conference on computer systems held this year in Alexandria, Virginia. For the past three years, Columbus Day has meant that I have been out of town away from family and friends and Borough business.

While it is important to get away from the daily grind from time to time, I find that missing a Council meeting leaves me with a feeling of loss and detachment. For someone who has to be there, I think it is only fitting that my absences cause me some angst. It would be a great comfort to me if more people showed the same interest in the functions and meetings of the Council.

Before you react, I know that Council meetings are dull and uninteresting for the most part when compared to a night at the theater or taking in an art show or spending an evening with good friends or watching a football game or even just helping your children with their homework. But, unless you spend the time to try to understand how and why certain decisions are made for you, you are vulnerable to the misinformation and rumors of those who, for whatever reason, seek to exploit your ignorance.

I have said it before, an informed public is our community's most important asset. A truly informed public does not just accept the words of others, but seeks out information from various sources to arrive at independent conclusions. Attending Council meetings is one way that you can get a true feeling about the decision making process and the people making those decisions. Asking your public officials about the issues here and listening to the analysis of pertinent information will go a long way toward increasing public awareness. Yes, even suggestions that may not have been considered are welcomed and encouraged.

It is my hope that every one of you will make the commitment to attend at least two or three Council meetings a year. It is my desire that more people will make the time to give back to your community some of your time in some capacity to help your neighbors. And to those who have already given that commitment, we give a hearty thanks from a very appreciative Mayor and Council.

Bulletin Board

By Peter Warren

☞ New Year's Day Get Together: As usual, the Borough Hall will have its annual Open House, on Sunday afternoon, January 1, 1995, from 3:00 p.m. until 6:00 p.m. for you to meet and renew friendships.

☞ Solar Village welcomes residents and relatives who qualify under HUD regulations. Enquiries should be sent to the Roosevelt Senior Citizens' Housing Corporation at Box 535, Roosevelt.

☞ The Roosevelt Senior Citizens Housing Corporation requests vendors who live in Roosevelt to submit an expression of interest in being considered for bids of Solar Village projects to the Corporation, Box 535, Roosevelt.

☞ Your house number should be clearly visible from the street. Please change it if it is not now clearly visible.

☞ Know Your Town. At Borough Hall: copies of Jason Cohen's 1994 Utopia to Suburbia: the Architecture and Urban Planning of Roosevelt, New Jersey; Kim Brodtkin's 1992 From the Jersey Homesteads to Roosevelt: Community and Identity in a New Deal Settlement may be purchased for \$10 each, and Gail Hunton's application for Roosevelt's historic designation, for \$5.

☞ If we haven't mentioned it before, the speed limit on local streets is 25 mph.

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Planning Board News *By Bob Clark*

At their October 12 regular monthly meeting, six members of the Roosevelt Planning Board laid the groundwork for a new planned community development (PCD) ordinance to cover approximately 500 acres of northern farmland. There was, however, some strong sentiment to continue the present zoning. This would allow most of the area to be developed with houses on 10-acre lots if the owners did not retain their properties in agriculture.

Board member Bert Ellentuck said he had "a reaction against giving up good farmland." Member Jeffrey Hunt added that he "would be more than happy if there was no more development in the northern lands." He joined with Mr. Ellentuck in noting that the town founders intended to reserve the land east of North Valley Rd. (Notterman tract) for future residential development. But both enlisted in specifying goals for a PCD ordinance when reminded that several northern landowners had expressed desires to sell to developers — thus raising the specter of perhaps 40 large homes chaotically scattered around the area. Board Chairwoman Gail Hunton said that, while agriculture "is not an option to write off," a PCD ordinance would provide "a mechanism to preserve the most land."

The Board created a partial list of goals for a PCD ordinance:

1. Connect any new homes to the Borough's water and sewer systems.
2. Maintain as much land as possible as agricultural preserve.
3. Preserve wooded areas — most already being in wetlands.
4. Protect open space views by carefully choosing the sites where development may be permitted and by buffering them.

The Board also raised questions as to what extent any development should reflect the original character of the Borough, whether any multi-family dwellings should be allowed, preservation of environmentally sensitive lands, clustering, density, design standards and lot sizes. Mr. Ellentuck pointed out that much of the woodlands would automatically enjoy protection because they lie in wetlands where building would be prohibited. If, in addition, the Board insisted on preserving all the views presently enjoyed by residents, little buildable land would remain. Therefore, Mr. Ellentuck concluded, "We have to be prepared to change the viewshed" because it may not be feasible to protect all views.

Chairwoman Hunton suggested that the Board provide a mechanism to allow the owners to collaborate. Therefore, development could be directed to the most suitable sites for the entire area without depriving those owners with larger proportions of sensitive lands of all development potential.

The Board discussed whether the industrial zone located at the northeast corner of Rochdale Ave. and Oscar Dr. is now inconsistent with the way the town has developed. Borough Assessor and Planning Board member Michael Ticktin suggested that if non-residential uses were permitted in the north, they should accommodate the overall residential and agricultural character of the area and meet strict conditions. Offices might be considered as a conditional use.

Ms. Hunton said Alan Mallach, a professional planner who has volunteered to consult with the Board on the PCD ordinance, will be available in November. The Board will also need a legal review of its work. She said an ordinance committee, composed of herself, Mr. Ticktin and Mr. Ellentuck, will "continue to put flesh on the bones of the ordinance." Mr. Ellentuck said the Board should also ask the Mayor and Council to provide status reports on water and sewer system constraints.



**Moms and
Moms To
Be**

The La Leche League is an international non-profit organization committed to helping mothers through education, encouragement and mother to mother support to breastfeed their babies.

There will be a meeting of the local chapter in Roosevelt on November 21, 1994, at 10:00 A.M. at the home of Kathleen Schlegel, 6 Pine Dr. 443-8633. If you are pregnant, a nursing mom or just would like the support of other moms, please join us.

The local La Leche League leaders are: Pat 259-9817 and Donna 890-9284.



The deadline for submissions of material to the Bulletin is the 15th of the month, except for prior arrangement with the editor.

Please send all articles and letters in clean typescript or as ASCII files on 3 1/2 inch diskettes to: The Bulletin, P.O. Box 221, Roosevelt, NJ 08555

PTA News *By Alison Petrilla*

See what you miss by not coming to PTA meetings? At our latest, on October 5, the large group who attended became the first parents to talk with our charming new Interim Chief School Administrator. Mr. Robert Zolkiewicz, who comes to our school from Monmouth County's Highlands school district, introduced himself to our members, spoke a bit about his past school experiences and then fielded questions from the floor. The meeting also was highlighted by a discussion about our upcoming November events, as well as suggestions for future fund raisers. We're "what's happening" at RPS, so if you haven't joined yet, please drop \$4 in our mailbox in the school office and contact Membership Chair Shelly Hatzfeld at 443-1841 to receive your full membership packet. It's never too late!

Meanwhile, November, which usually provides PTA parents with a breather after that crowded September-October calendar, will be busier than ever this time around. In addition to giving RPS staff our traditional token gifts in honor of American Education Week, November 13 - 19, PTA members will be going door-to-door for our very first Penny Drive. Please start saving your pennies now, and when we come to your house on Saturday, November 19, we'd sure be extra grateful if you could present your contribution in some kind of container (jar, baggie, whatever). Thank you in advance!

The annual Holiday Gift Fair on November 16 and 17 will also keep us hopping. Once again, RPS students will be given the opportunity to shop by themselves for Christmas and Hanukkah presents for friends and relatives, and with gifts ranging in price from \$.05 to \$7.00, there's sure to be the right item for everyone on their lists. Chair Carol Impellizeri and a crew of "user-friendly" PTA volunteers will be on hand during school hours both days, and from 6:00 until 7:30 p.m. on November 17, to help the youngsters make and wrap their selections.

The lengthy list of very sincere "thank you" this month (PTA members are a hard working lot) include Book Fair Chair Joanne Parker and her team of volunteer parents, who made the Scholastic Book Fair such a success; Liz Possiel and Vinnie Jackson, who supervised the (considerable) action on School Picture Day; and, Chair Teri Skye and her Homemade Spaghetti Dinner crew. In addition to Teri, the parents who donated their time and effort to this worthwhile fund raiser were: Maureen Clark, Debbie Fischer, Kim Grasso, Mike and Nancy Hamilton, Kathy Hartman, Shelly Hatzfeld, Vinnie Jackson, Heather Mateyka, Dianna Moore, Pete Rossi, Maryanne and Nestor Sabogal, Ellen Silverman, Linda Silverstein, Arlene Stinson, and George and Kathy Vasseur, as well as a troop of unsung - but not unappreciated! - bakers who created the delicious desserts. We would also like to give a special "thanks" to Ms. Klahre and her third-sixth grade After School Artists, who made the lovely flowers that graced each table. You're all terrific!

A final note: the school is still looking for volunteer moms or dads who can donate 10 minutes of their time to help pass out pizza slices to the kids on the last Friday of each month ("Pizza Day"). Thanks!

Nursery
School
News

By Miss Marsha

First of all, I would like to thank everyone for their support on my becoming the newest addition to the staff of RCNS. I am very happy to be working here and will do my best to ensure that the children have a great first school experience.

Both classes will be learning about Election Day. They will get to vote for snack to experience first hand the Election process. The older children will also make a medal for Veteran's Day. In addition, the younger class will learn about the color



yellow, and the numbers 2 and 3. Numbers through 4, the shapes triangle and rectangle, and that blue and yellow equals green will be concepts that the older children will review.

A major focus for the month

of November will be Thanksgiving Holiday, which will culminate in a feast for our "Pilgrims" and "Indians". Some of our Thanksgiving activities will include cutting feathers for our Indian headdresses and

turkeys, making placemats, and learning about how the Indians helped the Pilgrims. We will have a pretend "pow-wow" when we make our Indian headdresses. We will talk about all the things that we are thankful for in-

cluding our families, friends and good health.

I wish all of you a very happy, healthy Thanksgiving.



Final Letter From The CSA

*By Frances Lobman, Ed. D.
Chief School Administrator*

The school year has begun. We have had to make a number of adjustments to keep things safe around the construction. For example, there is no sidewalk between the school and the playground. By December, though, everything will be back to normal and there will be a sidewalk as well as a choice of two entrance/exit areas on the School Lane side of the building. We hope that those of you who take their walks along this side of our building are feeling particularly energetic and healthy from walking the extra lengths around the construction fence.

We have four new staff members. Walter Landgraf is our School Business Administrator/Board Secretary (SBA/BS). He has worked as a teacher in Philadelphia and as an SBA/BS in Mannington Township, a one-school district. Already, Walter has implemented several money-saving/earning ideas. For example, he realized that some of the renovation work being done in the lobby entitles us to activate matching funds from a grant for lobby improvements that has lain fallow for the past year. Katherine Elliot is our physical education teacher. She is a 1992 graduate of Trenton State College and has done long-term substitute teaching in Manalapan. Kathy particularly enjoys an elementary school setting and is excited about beginning her first position as a permanent teacher. Carolyn Malinowski is our social worker. Mrs. Malinowski recently earned her MSW from Fordham University and she comes to us with prior experience in public school as well as in counseling settings. Carolyn has a ready smile and it is evident that she likes children. Ellen Lapan is our special education aide. Her presence enables us to give help in our home setting to classified students who might otherwise be sent out-of-district for the extra support they need. Ellen has worked with classified youngsters in South Plainfield, New Brunswick and South Bound Brook.

We met as a complete staff on September 1 and 2. During that time, our Affirmative Action Officer reminded me that we must let the public know the following:

The Roosevelt Board of Education has adopted a resolution which guarantees that no staff member or pupil shall be discriminated against in any manner by reason of gender, race, color, creed or handicap.

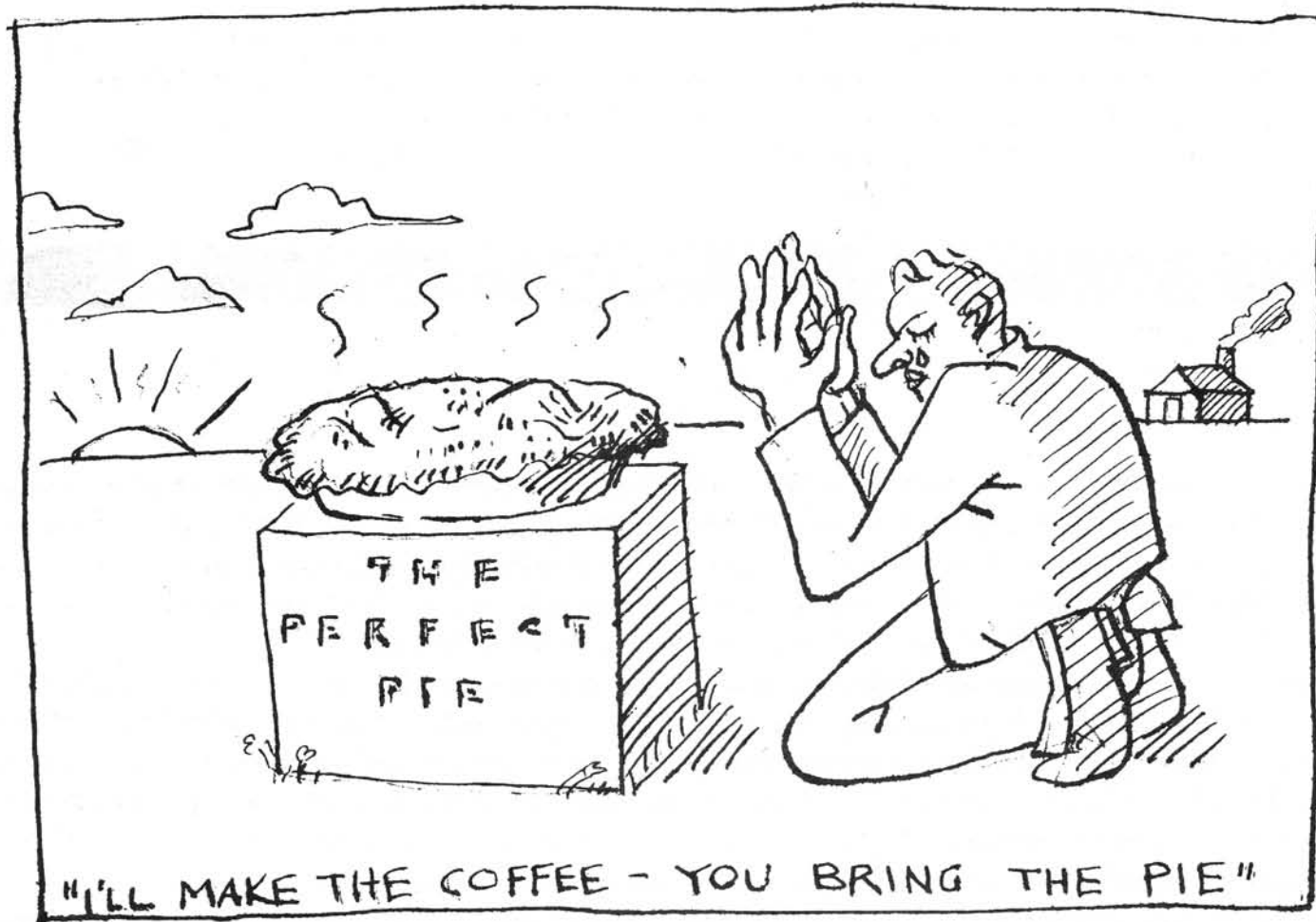
Any student or employee who alleges that there has been an incident of discrimination should report the allegation, in writing, to: Ilene Levine, Affirmative Action Officer, Roosevelt Public School, School Lane, Roosevelt, NJ 08555, Telephone: 609-448-2798.

Our Educational Alternatives Committee met on September 13. The goal of the Committee is to look for fiscally sound ways of stabilizing taxes while continuing to provide a quality education for our children. Various sending/receiving, regionalization, and other possibilities are under consideration. Board of Education members are Michael Hamilton, Lauralynne Cokeley, Allen Newrath and Harry Parker. Community participants are Lou Esakoff, Bert Ellentuck, Bob Eisner, Stu Kaufman, Dianna More, Mary Alfare and Debra Allen. Lou Esakoff attended this first meeting and exchanged

(cont. on pg. 8)

Crumbs From My Table

By Rebecca Reuter



I've never had anything against pie. Good pie, that is; fresh pie. I wouldn't make it myself is all. That was because of a couple of problems I had with getting it to stay good and fresh for any time much past an hour or so out of the oven. Then it turned all clammy on the bottom and sort of sullen and cold on top and not a thing like the steaming, burbling, fragrant thing I'd jiggled out of the oven, at great risk of severe sugar burns, and set on the rack to firm up. So it hardly seemed worthwhile. Well, the while it took to make had something to do with my aversion to pie-baking too. Because I'd never really got the hang of rolling out crusts and, more trouble still, of maneuvering them into the pan without creating a rift on the scale of the San Andreas Fault and without an awful lot of cursing.

"Why don't you make pies?" my sister would ask me. "They're so easy." Uh-uh. I couldn't even make a bad pie with ease. And

that's coming from a woman who can whip up a three-layer cake before coffee in the morning. But I'd rather spend all day and half the night turning out a French butter sponge cake drizzled with syrups, prepared with a precision usually reserved for scientific research, and wrapped in a delicate and complicated buttercream - rather study cookbooks as if for a doctorate in food science - rather than to throw myself at the mercy of a sticky pie crust. Until. Until I discovered a few things that changed the way - yes, I mean it - changed the way I thought about pies for good. Shall I tell you?

First, I found a crust recipe in *The Complete Book of Pastry* by Bernard Clayton, Jr. that promised never to go soggy and, lo and behold, never did. Second, I learned that I could roll out a crust between layers of plastic wrap and make it just as thin as I desired it to be without ever worrying that it would peel off the board

and curl itself like a long-lost lover around the rolling pin. And, third, I realized I didn't have to put on a top crust at all and then I could make two pies for my trouble and the Pastry Police were not going to break down my door and haul me away for assault of a baked product.

Now I'm going to tell you how to do this yourself, because I know that once you get to thinking about fresh pie you're going to want to have one of your own. And once you try making one you're going to want to do it again and again. A nice thing about pie is that you don't have to make it all at once. You make a dough in the morning or early in the afternoon and put it aside for later. It's not a big chore then when you want to bake it up. Maybe it's better if you don't dwell on what's going into it. There's plenty of butter and shortening, and you need that for a tasty crust, but of course you're not really supposed to be eating it, not too much anyway. Just remind yourself how thin a pie crust is. And after all you're not going to eat the whole thing by yourself! This is my interpretation of Bernard Clayton, Jr.'s recipe for a crust.

Get out the food processor*. This is the way to start making pie easy. Attach the metal blade and dump into the bowl:

- 1/4 cup unsalted butter, room temperature
- 1/2 cup vegetable shortening, room temperature
- 1/4 cup granulated sugar
- 1/2 teaspoon salt
- 2 1/2 cups all-purpose flour
- 1/8 teaspoon baking powder

Process about 4 seconds.

Add 1 tablespoon of milk and 1 teaspoon lemon juice and give it a whirl for a second. Add some more milk, just a tablespoon or two at a time, until the dough begins to gather into a lump in the work bowl. There will be quite a bit of dry stuff still in the bottom of the bowl. Dump the whole mess onto the counter, gather it into one place and give it a few good squeezes - enough to remind you of the joy of playdough but not enough to transfer any body heat; slice it in half, wrap each piece in plastic wrap and pat them into flat rounds. Put them into the fridge "to rest" for three or four hours. This is actually a very important step, because without its rest your dough will shrink when it bakes and feel like wet cardboard in your mouth.

Now make the streusel topping to use in place of a top crust. Don't bother to clean out the processor bowl, but just pour in 1 1/4 cups flour, 3/4 cup sugar, and 1/2 cup butter cut into chunks (I stick). Process a few seconds till it looks like a mix of sand and gravel, empty it out into a plastic bag and set it in the fridge next to your dough. Now go take a walk out to the end of the driveway and see if someone doesn't pass by who'd like to come over later, for pie.

You must leave the dough in the fridge for at least three hours but you don't have to use it just as soon as the time is up. You can leave it, if you want to, for the rest of the day or even for several days. Whenever you're ready to get back to your pie-making, take one piece of the dough out of the fridge and set it aside while you mix up the filling. If you're only making one pie, put the other piece into the freezer whence you can pluck it next week when the pie mood hits you again. It gets easier all the time, see?

There is no place for perfectionism in pie-baking. The best pie is the one made carelessly, without too much thought for appearances. This is not philosophy, but a nod to the fact that the least amount of handling produces the most tender pie crust. Overworking the dough causes gluten to form in the flour, and gluten makes for a tough crust.

* Naturally, you can do this without a food processor. Put the butter, shortening, sugar and salt in a bowl and stir until smooth. Add 1/2 cup of flour and a pinch of baking powder and stir. Add the milk and lemon juice alternately with the flour. Stir until smooth and soft, then wrap the dough and chill it.

You Can't Buy One This Good Pecan Pie

Preheat oven to 450 degrees.

Have ready:

- 9" pie pan lined with pastry
(frozen is also fine - try Oronoque brand)

With an electric hand mixer or a wooden spoon, cream till fluffy:

- 1/4 cup butter

(cont. on page 8)

(CRUMBS from page 7)

2/3 cup firmly packed brown sugar

Add and mix well:

1/4 teaspoon salt

3/4 cup dark corn syrup

3 eggs, lightly beaten

1 teaspoon vanilla

Sprinkle into the pie crust:

1 1/2 cups pecan halves

Pour the filling over the pecans (they will rise to the top as the pie bakes). Bake at 450 degrees for 10 minutes. Turn the oven temperature down to 350 degrees and bake about 35 minutes longer. The pie is done when a knife inserted into the center comes out clean.

Apple Pie with Streusel Topping

Preheat oven to 450 degrees.

Have ready:

9" pie pan lined with pastry

Mix together in a large bowl:

3/4 cup sugar

3 tablespoons flour

3/4 teaspoon cinnamon

1/4 teaspoon nutmeg

1/4 teaspoon ground ginger

1 teaspoon grated lemon zest

Peel, core, and slice:

2 1/2 pounds large tart apples

Toss the apples with the sugar mixture. Mound the apples in the pie crust, pat them down lightly,

and sprinkle with about 1 cup streusel mixture

Bake for 15 minutes, turn the oven down to 350 degrees and bake about 40 minutes more. The pie is done when the filling is bubbly and the apples are tender.



(CSA cont. from pg. 5)

a number of ideas and thoughts with the four Board Committee members present. Walter Landgraf, our School Business Administrator/Board Secretary, will coordinate further efforts until a replacement for my position has been found. In the meantime, the consultants who are writing it will set a January date for the public release of our regionalization study report. (This is a later date than originally expected.) Public from Allentown/Upper Freehold, Plumsted, Millstone and Roosevelt will be invited to attend. Watch for announcements.

On October 1, I moved to the South River School District as the Director of Curriculum and Instruction. During my dozen years as an administrator in Middlesex County, I worked closely with the South River administrative team, particularly with the retiree whom I am replacing. Curriculum is an area of specialty and affinity for me (my doctorate is in curriculum and instruction). Thus, I am leaving to rejoin friends in a setting I have always enjoyed. The most difficult thing about saying "hello" to South River is saying "good-bye" to Roosevelt. Instead, I'll say "au revoir and thank you."



Announcement

Rooseveltians! Here's your chance to be a star, inspire the young and even have some fun, all in one fell swoop! Roosevelt Public School is looking for community volunteers who are willing to come in on a weekday or even a weekend and "do their thing" with our youngsters. "Things" can include talking to the kids about an interesting job or hobby, teaching a craft, playing an instrument, recalling memories of life in another land, supervising an after school sports game - anything, in fact, that you'd be willing to share with our children.

Whatever your talent - and yes, we all have talents - we'll find the teacher and class who can benefit most from it. Interested? Please contact PTA member Ellen Silverman at 490-0557. Thank you!



Pre-School Play Group

We would like to start an informal play group for pre-schoolers and their caregivers. If you are interested in joining us, please contact: Ann Goldman 426-1740 or Kathleen Schlegel 443-8633.

(COUNCIL cont. from pg. 1)
for about seven years. Councilman Kaufman said that U.S. Water, which operates the Roosevelt utility plants, agreed to clean out the tank "three weeks ago." He added that they proposed installing blow-out valves, which Mr. Esakoff said would not be needed if the setting tank were cleaned every year. Mr. Hutchins, who worked for a water company, urged the Council to see if the filter mediums need to be changed. He added that everyone who resides on deadend streets, like Maple Court, will have rust tinted water unless the water line mains are looped to permit constant flow.

Mr. Rindt proposed that the

Council save money by hiring a part time, instead of full time maintenance worker. Several Council members insisted that a full time person was needed. Mr. Rindt asked to see the job description, which was said to support the need for 40 hours per week. Mr. Rindt requested confirmation that full size high curbs would be installed on Rochdale Avenue, south of Tamara Drive, to protect his children and his property. Out of towners miss the Route 571 turn toward Clarksburg often and then turn around carelessly on his lawn.

Ms. Sherak pointed out that the section of Maple Court that sinks every year needs re-filling.

Mr. Esakoff completed the public portion by urging the Council to prevent the power line tree service from littering our streets so abusively. "Asplund did much better work", he said. He also claimed that the Zoning Officer is not doing a good job since abandoned cars with old New York license plates are in some driveways on Farm Lane.

Ordinance #161-I, amending a Bond Ordinance providing for roadway improvements, to clarify a provision concerning down payments, passed.

Six resolutions passed: to pay \$3,700 for a snow plow for the Borough dump truck; to pay Schoor DePalma \$465 for engineering services for the water treatment plant; to protest N.J. Dept. of Insurance plans for changes that would increase the Borough's costs for insurance; to spend up to \$1,300 for Oswald Sewer Service to cut out roots from the Borough's main sewer lines under some streets in "one 8 hour work-day"; to amend the Personnel Code regarding "Bereavement Leave" to define immediate family to include grandparents and grandchildren as well as more immediate family members and to allow two days, with pay, in bereavement of an employee's father-in-law or moth-

er-in-law; to accept Arthur Stinson's bid of \$4,100 to build a new sidewalk around the Borough Hall to accommodate wheelchair use; to approve applying for a "seasonal" permit from D.E.P. for the sewer plant because B.O.D. numbers are above the limit during winter-time.

Councilman Vasseur voted against, but all others voted in favor of a motion to hire a part time maintenance worker for 18 hours per week at between \$8 and \$10 an hour.

Mr. Vasseur opposed a motion to authorize the Borough Engineer to prepare specifications for bids to pave part of Lake Drive. The motion was withdrawn.



Sisterhood of Roosevelt Will Conduct a Chinese Auction

SUNDAY, NOVEMBER 6, 1994

To be held at the Roosevelt Public School - Route 571

From Noon - 4:00 p.m. Doors open at 11:00 a.m.

Featuring: Ultrax DJs

Admission: \$3.00 per person

Note:

Please park your car and enter from Route 571,

Rochdale Avenue because of construction

Call: Karen 609-426-1560 or

Lynn 609-448-5186

**Announcement
From the Post
Office**

Geraldine Millar, Postmaster

**At this time recycling in
the Post Office lobby is
limited to newspapers
with blank ink only.**

Roosevelt

Weather

Almanac



By Ron Filepp

**BARE TREES
AND
MOONSHINE**

If you're like me you enjoy seeing the full moon at any time of the year. Clear skies give you the best view of the moon, but not always the best overall view. There's nothing like the moon playing hide and seek among the clouds on a breezy, crisp, Halloween night. Or an orange, steamy moon on a sultry summer night.

The full moon in November is called the Hunter Moon and

this year you can see it on the 18th. November is a good time to do a little moon gazing. The leaves have fallen and you can see the moon rise through the trees. The moon's path through the sky is in a lower arc than in the summer so you get more moonlight in south facing windows.

It's at this time that Robin, the cat and I bask in the moonlight coming through our living room windows. All the lights are turned off to allow the moonlight to cover the floor and illuminate the room and the backyard with its silver brilliance. The cat keeps her eyes wide for the sight of a leaf dancing by the windows or another cat walking through the yard. If its windy the bare trees wave their bony limbs creating swaying shadows.

The moon is prominent in weather folklore. Native American lore tells us: "The Moon, her face be red, of water she speaks." Be ready for rain. Another folk saying tells us: "If the moon rises clear, expect fair weather."

Folk wisdom also says: "If the new moon holds the old moon in her lap, fair weather." The more turbulent the atmosphere is the more difficult it is to see the "old" or dark portion of the new moon. Fair weather brings more stability to the at-

mosphere than foul weather making it easier to see the "old moon."

SUMMER SYNOPSIS

June was hotter than August. The average temperature for August 1994 was right on the statistical norm of 72.9 degrees. June's average temperature this year was 74.5 degrees, about five degrees above the normal average for the month. July was this year's hottest month with an average of almost 80 degrees.

You probably remember Summer 1993 with its blistering heat and newspaper accounts of people being treated for second degree burns on their feet after walking on Jersey Shore beaches. This summer had more days with high temperatures of 90 degrees or above (24 days) in Roosevelt than last summer (23 days). The hottest day of 1994 was July 9th when the high reached 98 degrees. The summer of '93 had more days when the mercury rose closer to 100 degrees than this year.

This summer's heat started early. We first hit 90 degrees on June 13th, which was also the beginning of our first heat wave (3 or more consecutive days with highs of 90 degrees or greater). There were two more heat waves. Both were in July. The longest period of sus-

tained highs of 90 or above started on July 5th and lasted for 6 days.

It was very dry in June. Only 2.88 inches of rain fell. That's nearly .40 inches off the norm. July and August made up for June's shortfall by bringing the summer's total rainfall to 16.71 inches. An average summer's three month total rainfall is 12.30 inches.

SEPTEMBER SUMMARY

August may have started with much rain but a prolonged dry spell started on August 23rd. From the 23rd through September 16th there was no measurable rain. This 25 day period brought some of the most lasting pleasant weather in my memory. The highest high temperatures were only in the low 80's and there were very few humid days.

Almost an inch of rain fell on September 17th and there was another significant rainfall on the 23rd. From then until this writing (October 15) there has been little rain. September's total rainfall was less than two-thirds of what we normally see. The first half of October only brought .19 inches of rain.

Because of space restrictions the BULLETIN cannot print temperature and precipitation tables for June, July, August and

early September. If you're interested in obtaining copies of these tables give me a call or

write to the Bulletin and I'll be happy to get them to you. Also keep in mind if you have a ques-

tion about weather that you would like answered submit it to the BULLETIN or give me a call and I'll do my best to get you an answer.

Probably the most asked weather question is: "What's the weather going to be like?" Many people are especially concerned with the kind of winter we will have this year. I've watched the woolly bears crossing the roads, the utility crews trimming the trees and the 30 day outlooks from the weather service.

The woolly bears are unsure (much as they are every year). The utility crews seem to be playing it safe by doing extra trimming this year and the weather service won't go out on a limb. The Old Farmer's Almanac has taken a stand and is predicting a worse winter this year than we had last year. Let's hope they're wrong.

WEATHER WORD

A "Haboob" is a severe dust storm. It usually occurs north of the Sudan and can raise walls of dust to several thousand feet. Source: The Weather Book by Jack Williams.



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Don't Speed in Town!

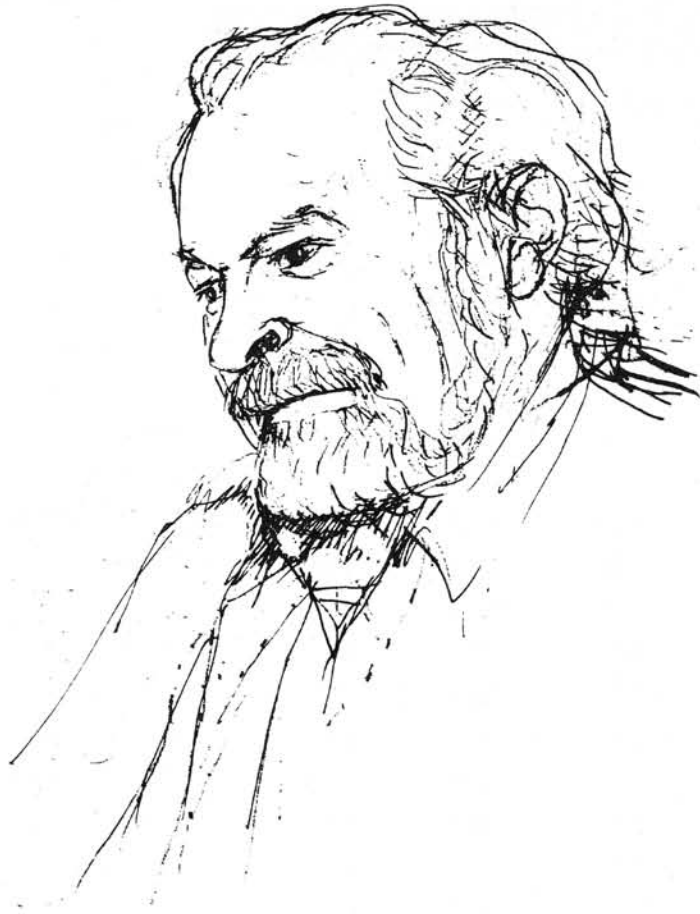
Weather Table

September/October 1994

Day	High	Low	Avg	Precip
15	79.5	62.0	70.8	0
16	81.0	64.5	72.8	0
17	83.0	65.0	74.0	0
18	72.5	66.0	69.3	0.82
19	74.5	50.0	62.3	0
20	72.0	47.0	59.5	0
21	76.0	52.0	64.0	0
22	66.0	57.0	61.5	0
23	73.0	60.0	66.5	1.20
24	73.0	62.0	67.5	0.08
25	77.0	60.5	68.8	0
26	78.0	63.0	70.5	0
27	80.0	68.5	74.3	0.35
28	75.0	55.0	65.0	0.08
29	66.0	51.0	58.5	0.07
30	66.0	50.0	58.0	0
1	66.5	48.0	57.3	0.10
2	64.0	49.5	56.8	0.09
3	59.5	39.0	49.3	0
4	62.0	40.0	51.0	0
5	61.0	45.0	53.0	0
6	60.5	36.0	48.3	0
7	66.0	41.5	53.8	0
8	70.0	45.0	57.5	0
9	74.5	44.0	59.3	0
10	60.0	50.5	55.3	0
11	58.5	34.5	46.5	0
12	60.5	34.0	47.3	0
13	64.0	35.0	49.5	0
14	64.0	44.0	54.0	0
15	60.0	40.0	50.0	0

Total Precip 2.79

STEFAN

By Art Shapiro

In 1943, I was 4 years old when my parents decided to move from a farm in Perrineville to the Jersey Homesteads. We moved to a connected house with the address of 18 Cooperative Extension. The house we were attached to, 16 Cooperative Extension, was owned by the Martins, our neighbors for over 30 years.

The only toys I remember bringing to my new house were my red tricycle with a little bell on the handlebars and my red sit-in fire engine with a big bell on the hood. Since these were not indoor toys, they were left on our front porch the evening we moved in. The next morning, as I got dressed, I heard the bells from my trike and fire engine ringing. I ran to the foyer and looked out onto the front porch, and to my alarm there were two blond boys rid-

ing them. In panic, I ran to get my mother. Living the first four years of my life on an isolated farm didn't give me much experience in dealing with other kids except for my cousins who visited occasionally from the city. Mom came to the porch window and said, "It's OK honey. It must be the twins who live next door. They're going to be your friends."

Mom was right. I soon learned that the boys who lived next door were not twins but brothers who were one year apart in age. Stefan was three years older than me, and Tony two. My own brother was sixteen years older than me and already married, so Stefan and Tony along with Eli Rosenthal across the street were like my big brothers, my role models. Living next door breeds a



special relationship. My first memories of Christmas, for example, were at the Martin's house with the decorated tree, the Lionel trains hooting around. I remember how the engine blew smoke out of its smokestack if you inserted a pellet.

Over the years Stefan and Tony influenced my development and education. It was primarily Stefan and Tony who taught me how to ride a two-wheeler. Of course they had fancy ones, a Rudge and a Rawley while I had an everyday Schwinn. It was primarily Stefan along with Tony who taught me how to shoot a marble, throw a knife into the ground to play "land," hold a baseball bat, throw a football, build a model airplane, cast a fishing line, make a rubber gun, and bellyflop down the Big Hill on a Flexible Flyer.

When I joined Troop 83 of the Boy Scouts, Stefan was the patrol leader of the Mohicans, my patrol. Tony was patrol leader of the Wildcats. Stefan taught me how to tie knots, including a sheepshank and a bowline on a bite. It was Stefan who taught me how to cross a stream without getting a soaker or stepping into skunk cabbage while going out to the Big Root in the deep woods behind our house.

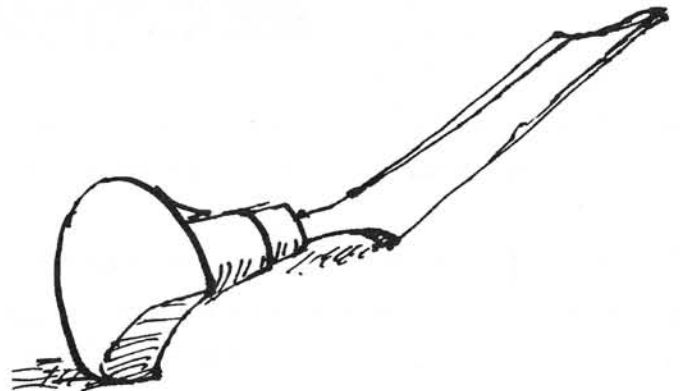
I remember how frightening it was to me as an 8th grader to go to the Canteen for the first time located on the second floor of the Hightstown Fire House. It was Stefan who came along and took me upstairs and introduced me around. And when my dad died right after my eighth grade graduation, the Martin brothers were there to console me and make my transition to High School easier.

In a way Stefan was a pioneer to the kids my age. He was in the first Roosevelt class to attend Hightstown High. His influence on me was enormous. Because he played the clarinet in a dance band, I played the saxophone in a danceband. Years later, we played in the Roosevelt Community Band together. We stank but we laughed a lot.

I admired Stefan because of his guts - his decision to be an artist and stick to it, with his only security his own talent. Most of the art I have in my house is his. My two favorites are a woodcut of a wheelchair he gave me when I received my doctorate and a large incised picture of a junkyard and its smashed cars. The junkyard from which Stefan sketched it, belonged to my stepfather, Al. Stefan knew how much I loved it.

I have a long personal history in this town and Stefan was a big part of it. I grew up here and moved back to raise my kids here. So did he. That made it more special for both of us. In a way it was comforting for me, in my 50's, to be able to run into someone at the post office who has known me well since I was four. Someone who still saw me as a "younger kid." We often talked about our parents, now all deceased. Being able to talk to someone firsthand about my father, who died in 1953, was sort of a way of keeping him alive. The same for the others in our families. Stefan gave me that.

The world lost a talented artist who was just beginning to get the recognition he deserved. His children lost a young parent - I know how that feels. Tony lost a sibling - I also know how that feels. A lot of others lost a good friend and neighbor. For me, however, it's a little bit different. In losing Stefan, I lost a huge chunk of my past; a major part of my Roosevelt. Yes, luckily there are long time friends of over fifty years still around town like Jon Shahn, Paul and Sara Prestopino, Marve Block and George Vasseur. And I'm grateful for them. But Stefan was the kid next door. The guy who was my friend for over 50 years. From my little red firetruck to an overturned canoe in the Assunpink is a long, long time. Stefan, all I can say is goodbye, I love you, and thanks!





"Am I really - what? Breathing?"

OK, so you're thinking, "She's got to be kidding!", well, I'm not, but go ahead and have a good laugh - it's good for you. Laughter is a form of breathing that revitalizes you and helps you get rid of sad feelings.

"But, isn't breathing one of those automatic things I never have to think about, like my heart-beat or digestion?"

Sure. Many of us go through our lives never giving breath a second thought. It's only when breathing is made extremely difficult that we really appreciate air.

BREATH IS LIFE

Breathing is the most basic function of human life. The body can live without solid food for 3 to 4 weeks, 2 days without water, but only 3 to 5 minutes without air. What we call life begins with our first breath in and ends with our last breath out; and, is the process of all the breaths in between.

AND, most of us don't realize that we are not getting the most out of the breath of life.

Next time you see a baby sleeping, notice how its round little belly naturally rises and falls with each inhalation and exhalation. It doesn't fight movement. The whole process is soothing, healthful.

This is the same abdominal breathing we adults should be using - but, we have learned to pull in our stomachs and puff out our chests in the name of good posture. Or perhaps our seden-

tary lives and/or our accumulated tensions and worries have caused the abdomen to become tight, our shoulders rounded and chest caved in, preventing us from inhaling deeply. This shallow, and superficial breathing deprives the body of both oxygen and "prana" (the yogic term for the vital life force) - which, in turn brings about deterioration in health and premature aging.

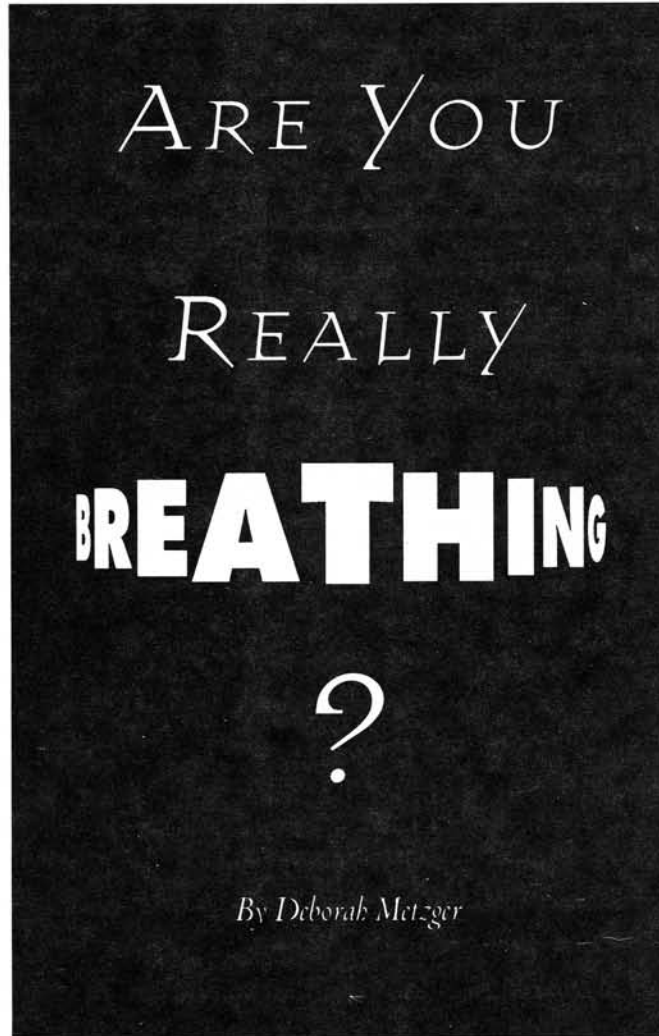
We breathe in just enough to stay alive, but not nearly enough to reduce stress or fully feel our feelings.

How many of us are aware of our breathing at any given moment? I invite you to take a moment, now, to close your eyes and observe. Is it shallow or deep? Slow or fast? Regular or irregular? How are you sitting? How does that affect your breathing? How do you feel right now? Sleepy and lazy? Alert and vigorous? Notice the air around you. Is it warm or cool? Fresh or stuffy? Dry or moist? Remain in stillness for these few moments and get clear answers to these questions before reading on.

THE MIRACLE OF BREATH

It may help to visualize for a moment what is actually happening when we breathe. Since we usually take it for granted, we don't realize what a miracle each breath is.

The lungs are made up of millions of tiny air sacs which handle the exchange of gases in our bodies on a cellular level, cleansing and oxygenating the body. The lungs take up a considerable



amount of space in the body, actually extending from the collarbones down almost to the bottom of large tubes, the bronchi, which branch off into progressively smaller passages and terminate in the alveoli - 300 million microscopic air sacs which make up the bulk of lung tissue.

Entwined with clusters of alveoli are a network of capillaries - microscopic blood vessels. Air sac and blood vessel lie side by side. Through incredibly thin, transparent membranes, red blood cells snatch up oxygen and surrender waste - carbon dioxide - to be exhaled.

Here's what happens when you breathe: Inside, we work something like a bellows. With each breath, the diaphragm (a strong sheetlike muscle attached to the bottom ribs) pulls down, the chest wall expands and air rushes in to fill the partial vacuum. On exhalation, the diaphragm lifts, the rib cage contracts and the upper chest drops. Air is expelled from the lungs. We take in about a pint of air with each relaxed breath, about 14 each minute.

In general, we breath shallowly with only the top portion of our lungs. Nature has

provided us with the ability to take in seven times the amount of oxygen we normally inhale. So take advantage of this capacity. Why not do it right now?

TAKE A BREATH!

Take in a deep, full breath. Now, exhale it, slowly. Slowly. Do it again. Take another deep, full breath. Let it out slowly. And again. Establish a nice, quiet rhythm. Visualize with each inhalation, how the air nourishes each part of your body and, with each exhalation imagine that all negative thoughts and tired feelings are leaving the body. Always exhale more slowly than you inhale.

Already you may notice that you feel calmer, more relaxed. The practice of this simple exercise every time you become tense will begin to change your sense of well-being for the better.

Experiment for yourself with one of your favorite tense moments - perhaps next time you are waiting in a slow moving line at the supermarket or in a traffic jam.

PRANAYAMA-YOGIC BREATHING TECHNIQUES FOR MASTERING THE BREATH.

For thousands of years, the philosophy of yoga has held that control of "vital breath" was the key to good physical health and to calm, clear thinking. Ancient yogis understood the powerful connection between body and mind and made it into a science. This branch of yoga is known as "pranayama" ("prana" = the vital life force; "ayama" = mastery or control of).

There are many benefits to including these breathing techniques as a part of your daily life. Yoga breathing exercises are most effective in helping people cope with stress, increase their energy level and recover from fatigue. Pranayama strengthens the abdominal muscles, diaphragm, heart and lungs and improves digestion and elimination. (You are effectively giving yourself an internal massage!) Since breathing corresponds very closely to our emotions, these techniques also have a profound effect on our emotions (notice how you breathe when you are very angry or fearful). Thus, controlled breathing will invariably have the spill over effect of relaxing mental turmoil. Pranayama can also be helpful in reducing smoking or overeating.

(cont. on pg. 18)



Recycling Dates to Remember

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Letters



To The Editor

My family and I moved to Roosevelt September 1st and were immediately enchanted - enchanted by the number of friendly people we've met to and from the post office, enchanted by the untouched beauty of Roosevelt, the quiet, and the strong sense of community that seems to be at the heart of this town. We have also come to appreciate the small and intimate atmosphere of the Roosevelt school in which our nine year old son is a fourth-grader. He has made the transition to his new school quickly and easily. We communicate with his teacher almost daily and we feel our input is heard and welcomed. We couldn't be happier with the situation. So, naturally, when we hear about the high taxes and the talk about closing down the school, regionalization and such, we become concerned. The information which appeared in an article in the New York Times on Wednesday, September 12,

entitled, "Study Says Small School Are Key to Learning", addresses this subject at some length. When the study on regionalization which is being done, I understand, in our area is released shortly, perhaps this article may be of help in arriving at some conclusions.

Sincerely,
Deirdre Sheean

To The Editor

Let's thank Dina Coe for spelling out clearly in last months Bulletin how too many of us are being victimized by the outrageously high taxes we pay to maintain our expanding Taj Mahal of a school plant with its panoply of aides, secretaries, functionaries and staff. In truth the school is eating up this tiny town, forcing old-time residents to abandon homes they lived in many years.

Not too long ago it seemed there was general agreement that regionalization would be our salvation - - the authorities in Trenton would have us join forces with neighboring schools, the process would be mandatory to enable us all to exist together; we would all be con-

forming to a rational plan.

Now, according to the latest from the Planning Board, regionalization appears a very dubious proposition: a study (again!) is expected soon and one of our School Board's members, Harry Parker, predicts regionalization will not happen within the next five years. Why not? Because participating districts must give their consent and would probably withhold consent unless receiving all manner of assurances. A perfect plan for never happening!

In the early 70's, as members of the Roosevelt School Board, I and my colleagues were faced with Trenton's demands for new expenditures. When we didn't agree, we simply voted against such funding - - and that was that. Today it is apparently unthinkable to turn down a directive from Trenton, no matter how strangulating.

Does the school exist to serve the town? Or are we bankrupting ourselves by constructing a behemoth which will one day take its place alongside other white elephants?

Leslie Weiner

To The Editor

All good things must come to an end, and by December 31st I am turning over these pleasant chores to whom it may concern:

Item - The column I have written in the Bulletin since the summer of 1990 under the heading of Omnia Mutantur... also notices to the Bulletin Board;

Item - Welcoming newcomers and registering them to vote, which I have done for the past six or seven years;

Item - Updating the names and addresses in the Roosevelt Phone Book, which I have done for the past six or seven years;

Item - Maintaining press relations with the Asbury Park Press and Messenger Press, which I have done for the past four years;

Item - Keeping a clipping file for the Roosevelt Archives, which I have done for the past four years;

Item - Updating a directory of Roosevelt official and unofficial organizations, which I have done from time to time.

By Peter Warren

**Omnia Mutantur...
Everything
Changes**

By Peter Warren

Note to the reader: I wrote the first column in this series in the June 1990 Bulletin: my final column will appear in the December 1994 issue.

New Kids on the Block...Arianne Jean

Baptists, Age 2; Harry Jean Baptists, Age 7; John Sibilia, Age 15; Yamile Sibilia, Age 18; Michael Sibilia, Age 19.

Married...Jon Block and Amy Coan. **Moving**

Out...No one. **Moving**

In...Richard and Jill Joyce, to the Lemieux house on Elm Court. **Return of the**

Native...No one. **On the**

Market...As of October 15, 20 houses, one lot advertised for sale. **Sheriff's Sale...**Of

long vacant house at 14 Tamara Drive, starting at \$107,610 scheduled for October 24; house at 4 Tamara Drive bought by bank at last month's sheriff's sale. **Tax Arrears...**1994 taxes \$91,097; 1993 taxes \$17,393. **On Safari...**Bert & Shan Ellentuck, to the Canadian Rockies.

Volunteered...Steve Yeager, for re-enactments of the Civil War. **Showing...**At Peddie School until November 18, drawings and sculptures by Leonid Siveriver. **Awarded...** Students of the month at Kreps School: Katie Alfare and Cassie Hatzfeld.

Named...To special index section of Who's Who: Peter Warren. **Criminal**

Activity... Reported in Roosevelt in 1993 - two aggravated assaults, five burglaries, five larcenies, one case of domestic violence.

Flowing...Sewerage September 160,921 gpd, (DEP ceiling 250,000 gpd); Water 98,187 gpd, (conservation goal 90,000 gpd).



**Senior
Citizen
News**

By Helga Wisowaty, Secretary

Jeanette Koffler chaired this meeting and it was a busy one!

After a short business discussion, we welcomed the Vice President of MADD (Mothers Against Drunk Drivers), Ms. Fran Reiss. She, Lynn Friedman, and Helen Barth presented us with a book explaining what is involved with the work that they do. This was given in remembrance of Ethel Friedman, a former member of our club. She was Lynn's mother-in-law. This organization is located in Hightstown. Two of our club members are active members of the MADD organization: Jean Ryan and Louise Baramowitz.

We were also privileged to have Irving Rothstein, from Toms River, provide us with keyboard entertainment. He is the brother-in-law of Toby and Julie Levin. It was a happy addition to listen to his music.

We have trips planned for the next few months. The first is to Rova Farm on October 18.

Jeanette told us that the Casinos in Atlantic City give \$290,000 to the disabled senior citizens which is a great help.

Diane Klein was our hostess, delicious stuff!

Until next month...



Solar Village Rescue Plan - 4

By Peter Warren

Members of the Corporation met with tenants, represents of FmHA and representatives of the management company of October 18th. Five of the 80 members of the Roosevelt Senior Citizens Corporation and six tenants attended the October 18th trustees' meeting with the management company. The trustees were gratified to note that the new company has built up a financial cushion while starting long neglected renovations, particularly replacement of windows. The trustees have determined that the annual audits of the past were not legally required and were a waste of money: a special audit will be held this year, however. The trustees continue to seek legal recourse against the former management company to recover funds belonging to the Corporation.

From the community perspective, the trustees have shifted \$68,000 in tax and utility arrears from the taxpayers to the Corporation. The lesson for the future is that the trustees need the backing of a vigorous membership. The next meeting will be held on December 6, which the members will vote for the 1995 slate of trustees.



(BREATHING from pg. 15)

These breathing techniques are easy to master, can be practiced anytime, anywhere, to rapidly reduce tension and anxiety.

The Abdominal Breath, or natural breath is the basic breathing technique.

ABDOMINAL BREATH

(For maximum effect, do this exercise in a relaxed setting where you can be alone for at least a few minutes)

1. Lie on your back or sit comfortably with your spine elongated and place your hands on your abdomen, fingertips just touching over your navel. Allow the muscles of your face and shoulders to relax. Soften the belly.

2. Inhale slowly and deeply, letting your abdomen expand like a balloon (No one is looking, let that belly of yours expand into its full and rounded glory!). Your fingertipswill separate slightly and you'll find your abdomen expanding if you've got it.

3. Let your abdomen fall as you exhale slowly. Your fingertips will touch again as your abdomen contracts. You can

even press gently to squeeze out more of that old stale air.

4. Inhale easily. Feel your belly expand again.

5. Press the air out as you contract, as you pull in your abdomen while exhaling.

You have now become reacquainted with the abdominal component of your breath with which you were born. Don't worry if it doesn't come easily right away or if you find yourself forgetting most of the time - you're working with an old, established habit. Simply create an intention to breath more deeply more often.

So, whenever you remember, take a deep breath.

L'Chaim - to Life!

I am a certified Kripalu Yoga Teacher and Phoenix Rising Yoga Therapist.



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7:30 PM PTA Mtg.-RPS-
Vinnie Jackson Pres., 426-0311
8 PM Environmental Comm.-
Jim Carnevale, Pres. 426-1728

thur 3 7:30 PM Board of Ed.
Agenda Mtg.-RPS- Mike
Hamilton, Pres. 443-5227

sat 5 7:30 PM-RAP
Program-Folk Music Festival-
Boro Hall

mon 7 7:30 PM Council
Agenda Mtg.

tue 8 Election Day
6 PM Roosevelt Comm. TV
Cable Ch. 8

wed 9 7 PM Yoga Class-
Synagogue
8 PM Planning Board Mtg.-
Gail Hunton, Chair-426-4338

mon 14 7:30 PM Council
Action Mtg.

tue 15 6 PM Roosevelt
Comm. TV Cable Ch 8

wed 16 ♻️ Recycle
PTA Holiday Gift Fair, RPS
During School Hours
8 PM Yoga Class-Synagogue

thur 17 6-7:30 PM- PTA
Holiday Gift Fair
7:30 PM Board of Ed. Regular
Mtg.-RPS- Mike Hamilton,
Pres. 443-5227

sat 19 PTA Penny Drive
Door-To-Door

mon 21 7:30 PM Council
Comm. Mtgs.
8 PM Synagogue Board Mtg.,
Michael Ticktin, 448-0363

tue 22 6 PM Roosevelt
Comm. TV Cable Ch 8

wed 23 7 PM Yoga Class-
Synagogue

thur 24 Thanksgiving

mon 28 7:30 PM Council
Comm. Mtgs.

tue 29 7:30 PM-NJ
Homestead Historical Advisory
Comm-Art Shapiro-443-3575

wed 30 ♻️ Recycle

**All meetings and
events will be held at
the Borough Hall unless
otherwise noted.**

**Mayor Lee Allen pre-
sides at all council
mtgs. and can be
reached at 448-6978.**

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