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BULLETIN

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Roosevelt, New Jersey

January 1983

Senior Housing Development

The first big snowfall of the year came on Sunday, December 12th. That was also the date scheduled for dedication of the Senior Housing development now rising on

Valley Road at the foot of Farm Lane.

Because of the snow the ceremonies were moved indoors to the Borough Hall. Because of ice

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Esther Pogrebin, President of Senior Citizens Association, and Mayor Barth speaking at the recent ceremonies dedi-



cating the Senior Citizens Housing Project. (Photos by Evan Alter)

Senior Housing

(Cont'd. from previous page)

underfoot and the difficulty of driving, many senior citizens could not attend. In fact, there were more school children there than adults, pointing up, one speaker remarked, the good relations between the generations in Roosevelt.

Mayor Leon Barth opened the ceremonies. Esther Pogrebin spoke of the realization of the dream; the children, directed by Laurie Altman, sang several work and folk songs of the nineteen thirties, forties and earlier, familiar to the "Seniors." Dr. Sussman, school principal, spoke, and introduced members of the R.P.S. student council present. The head of the contracting company, which is building the houses spoke, and the main speaker, David Davies, consultant to and guiding spirit of the Roosevelt Senior Citizens Housing Corporation, gave the history of the development: the initial ideas; the intricate planning necessary; the choice of the architect; approval of plans; negotiations with Federal agencies on financing, and finally, choice of the contractor and achievement of the actual construction.

The Bulletin is pleased to print the following information on selection standards and applications for the housing, compiled by Mr. Davies and the Board of Trustees.

SELECTION STANDARDS FOR RESIDENTS, ROCSEVELT SENIOR CITIZEN HOUSING DEVELOPMENT

(The following is a draft of proposed standards for determining which families

(Cont'd. on next page)

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The policy of the Bulletin is open expression of ideas and opinions. The authors have sole responsibility for content. The Bulletin is open to discussion, disagreement and commentary through letters to the Editor, or interested persons may submit articles to be considered for publication.

(Cont'd. from previous page)

and individuals will be selected to be residents of the Roosevelt Senior Citizen Housing Development. These standards have been agreed upon by members of the Board of Trustees of the Roosevelt Senior Citizens Housing Corporation (RSCHC) and by members of the RSCHC resident selection committee and are now being presented for consideration, comment, proposed change and amendment by members of the Roosevelt community. There will be a public meeting to discuss these draft standards on Tuesday, February 1, 1983, at 8 p.m. in the Roosevelt Borough Hall, at which time anyone wishing to suggest changes and amendments to these standards will be heard. Also, anyone wishing to propose changes and amendments may do so in writing to the Secretary of the RSCHC, Sol Libsohn, up to the time of the public meeting. The RSCHC Board of Trustees will consider all proposed changes and amendments and then adopt resident-selection standards at a meeting on Tuesday, February 8, 1983.)

It is Federal policy that subsidized housing may be used first to serve the needs of people in the community where the housing is located and also that it be used to serve those who have the least income and therefore are most in need. With this in mind, the Roosevelt Senior Citizens Housing Corporation has set the following standards for the selection of residents to live in the 21-unit development scheduled to be ready for occupancy on June 1, 1983:

1. The residency-selection committee shall be appointed by the Roosevelt Senior Citizens Housing Corporation in accordance with the by-laws of the Corporation.

2. The initial application period shall run for six weeks, from February 9 through March 16, 1983, and all persons and families who submit complete applications during that period shall be counted as having submitted their applications at the same time.

3. Applications will be divided into three groups, those from persons who are legal residents of the Borough of Roosevelt at the time their application is submitted; those with direct relatives who are legal residents of Roosevelt, and all others. Any eligible person or family that is legally residing in Roosevelt shall be given priority over any person or family living outside the Borough, and persons or families with a direct relative living in Roosevelt shall be given next priority. "Direct relative" is defined as children, brothers and sisters and grandchildren.

4. Within the divisions set forth in 3., applicants will be rank-ordered according to standards that will give each person or family in the group a point total that will determine the person's or family's rank on the list; the person highest on the list being given first opportunity to sign a lease for an apartment and to choose a one-bedroom apartment (the four two-bedroom apartments will be assigned according to other standards set forth below).

(Cont'd. on next page)

Senior Housing

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5. One point shall be given a person or family for each year of residency in Roosevelt of the person 62 years of age or over; for a person or family with a direct relative living in Roosevelt, one point shall be given for each year that the direct relative has been a legal resident of Roosevelt; for a person or family that has no direct relative living in Roosevelt, one point shall be given.

6. In determining the effect of income on eligibility, persons and families in the three categories of 3. shall be ranked according to income by category. In each category, points shall be given as follows: a person or family with income less than \$2000 a year shall receive 15 points; \$2000 to \$2999, 14 points; \$3000 to \$3999, 13 points and so on; those with income of \$15,000 and above shall receive one point.

7. Two-bedroom apartments shall be allocated to families that demonstrate a particular need: a family where a physician has determined that the husband and

wife should not sleep in the same room for medical reasons; a family consisting of a brother and a sister, or a mother and son and so on. Two-bedroom units will be offered to persons who otherwise qualify according to the standards set forth above.

8. After the 21 apartments are filled from those who apply during the initial six-week period, the remaining individuals and families eligible to occupy an apartment shall be placed on a waiting list, rank ordered according to the standards set forth above. Vacancies in the development will be filled from this list, from the top down. At such time as the waiting list is reduced to ten individuals and families that have indicated within the last three months that they are still interested in becoming residents of the development, the list shall be reopened and new applications received. The eligible applicants shall be ranked according to the standards set forth above and placed on the waiting list in a position after those already on the list.

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Lenny Sacharoff wins runner's award

by Hortense Socholitzyky

If you have watched Lenny Sacharoff running on the streets of Roosevelt, along Route 571 to Hights-town and back, you will surely be delighted to learn that Lenny, at 59 the oldest member of the Twin Rivers Athletic Club, tied with Gary Blum of Twin Rivers for the award as Runner of the Year 1982.

Lenny has been running for about six years. He has entered - and finished - several marathons: in Philadelphia in November 1981, in the Shri Chin Moy marathon in Plainsboro in September 1982 and in Asbury Park in November 1982. Each year his time has improved, from 4:04:45 in Philadelphia, to 3:51:46 in Plainsboro, to 3:45:45 in Asbury Park. To the initiated, of course, it is no news that a marathon route is 26.2 miles.

According to the Twin Rivers

newspaper Periscope, Lenny is known in the TRAC as the "elder statesman" of the club. "He is young in spirit with an enthusiastic outlook on life", says Jim Sotaro, Periscope reporter.

In addition to running regularly in Roosevelt, where we can all see him, Lenny runs twice weekly with the Twin Rivers group, including a 6½ mile "fun run" every Saturday. Congratulations Lenny!

Editors' note: This is not the first time a story about Lenny Sacharoff has appeared in the Borough Bulletin. In the issue of September 1978, an article by David Herrstrom related his part as a paratrooper who jumped into Normandy on D Day minus 5 hours in World War II.

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Citizen group presents program to Council

by Peter Warren

The citizens' group studying borough management presented certain aspects of its program to the council at the regular meeting on December 8, 1982. Marilyn Magnes and Al Hepner are interviewing the mayor and council members to obtain their views on the functioning of the borough government, while Bob Clark and Michael Ticktin are analyzing the ordinances, and will proceed to their codification. The value of this work to the community can be quantified at about \$8,000, the amount proposed by a consulting group. The citizens' group will continue its work, taking up other matters as well. Councilman Weiner expressed the thanks of the council for the group's initiatives.

The council passed a resolution commemorating the late Jacob Blutstein, calling him a "loyal and conscientious employee of the borough." Jacob Blutstein came to Roosevelt in 1939, and served as garbage collector, assistant postmaster, court bailiff and water and sewer collector.

The council also acted on a number of ordinances. Following a presentation by

Mel Friedman, President of the planning board, the ordinance changing the property on the cemetery road belonging to David Glassman from farm to 2½ acre zoning was adopted on second reading. Mr. Friedman pointed out that this change was in conformity with the Roosevelt Master Plan, that the land was not suitable for farming, that the residential occupation would not place an additional burden on utilities and that it would encourage residents desiring larger lots to remain in Roosevelt.

Based on the November 2 vote, the council set January 12 as the public meeting on the adoption of an ordinance making the borough a nuclear-free zone. The tree-cutting ordinance, which had passed its first reading last year, will be taken up. Referring to the existing ordinance on discharge of firearms in the borough, the council urged that complaints should be telephoned to the state police. The council endorsed the resolution proposed by the Sierra Club to reduce waste and litter by a law mandating obligatory bottle deposits, providing a 5¢ refund.

Several contracts were awarded. The 1983 garbage removal contract will go to Atlantic Sanitation, the low bidder at \$20,448. After evaluation by

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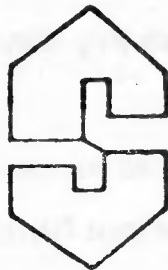
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Shore Engineering, the contract for work on North Valley Road related to the senior housing development was awarded to Preston (contingent on HUD approval), for \$48,319. The snow removal contract was awarded to Harry Knishler, who has done a good job in past snowstorms: between 8 a.m. and 4:30 p.m., snow will be removed by borough employees.

The council asked citizens to keep their vehicles parked elsewhere than on the street during snowstorms: vehicles which impede snow clearing will be towed at the owner's expense. Galliker was awarded

a contract to remove trees whose roots are clogging storm drains on North Valley Road and to work on the catchment at the corner of North Valley and Homestead.

Several complaints about littering were made by the public concerning dumping, littering and garbage pails left continuously on the street. The mayor stated that the remedy is to inform the borough clerk, giving specifics. The council also asked the Bulletin to notify people not to put garbage in the storm drains, engine oil having been found in drains on Pine Drive and South Rochdale.



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Dog licensing and other dog problems

All dogs seven months or older have to be licensed in January for 1983. Each license is good for only one year. Proof of rabies vaccination must be shown. Licensing can be done at the Borough Hall, Monday to Friday, between 9 and 2. If you cannot come in person, it may be done by mail by sending a check for \$4.50, proof of rabies vaccination and a description of the dog.

Citizen complaints about dogs running loose, barking dogs or dog bites should be made to the Borough Clerk who will contact the proper authorities. The penalty for dogs running loose or dog bites is a summons with appearance in court required (fine set by the judge).

With respect to barking dogs, a letter will be sent by the Borough Clerk which protects the name of the complainant. After two letters, a court appearance is required.

The problem of loose and barking dogs as well as

unlicensed dogs is becoming epidemic in Roosevelt. Please cooperate with the town and your neighbors by having your dogs licensed, by preventing your dog(s) from running loose, and by quieting them when they begin to bark incessantly both at night and during the day.

Borough Clerk

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To Health**Let the food buyer beware!**

by Becky Russell

"The corporations ... are de-
 ploying value systems that are
 extremely destructive of the
 future of society. They're not
 pushing solar energy; they're
 pushing nuclear power; they're
 not pushing natural foods; they're
 pushing artificial foods with
 artificial chemicals; they're
 not pushing natural seeds and
 making them more healthy to
 resist pests; they're pushing
 more chemicalization of agricul-
 ture, more contamination of the
 air, water, soil."

--Ralph Nader, New Age, 11/82

Today the opportunity to
 practice good nutrition is
 greater than it has ever been,
 but this potential is being under-
 mined by a food system that
 places profit above nutritional
 value. As our economy changed
 from one of many small farms,
 dairies, mills and bakeries, each
 supplying fresh food to its
 locality to one of fewer cen-
 tralized agribusiness conglomer-
 ates, problems arose concerning
 how to grow, process and distri-
 bute huge quantities of food.
 Dealing with such large volumes
 can result in large profit losses
 due to spoilage or infestation.

The industry chose to solve
 this problem by harvesting under-
 ripe produce or removing from the
 food its most perishable parts.
 White flour is white because the
 germ is missing. Actually, the
 germ is removed from flour not
 only because it spoils first, but
 also because it hinders high-speed
 processing - fast milling heats
 the germ enough to release its

oil, which makes the rollers
 sticky. Unfortunately, the
 germ is the most nourishing
 part of the grain, and re-
 moving it leaves food that
 lacks taste and is nutrition-
 ally inferior. Flour, sugar,
 vegetable oils and salt all
 undergo drastic refining,
 and milk and canned foods
 experience destructive heat-
 ing. Natural antioxidants
 are destroyed; flavor and
 color suffer, so artificial
 flavors, colors and preserva-
 tives with excessive salt,
 sugar and other additives
 are included to restore
 appeal. The result is an
 embalmed product that cannot
 maintain normal biochemistry
 and health. Many people are
 not adapting well to this
 phenomenon.

Deterioration of food
 quality begins on the farm,
 where small farmers risk
 going out of business unless
 they use increasing amounts
 of chemical fertilizers and
 poisons, which leave resi-
 dues in food. Agribusiness
 makes lavish use of chemicals
 to increase profits. Declin-
 ing soil fertility and in-
 creasing erosion due to this
 practice are posing a threat
 to our future food security.
 Livestock and poultry are
 raised by the thousands in
 cramped quarters, rarely
 seeing the light of day.
 Disease would run rampant if
 hormones, antibiotics and
 other drugs were not standard
 fare. The final product is

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food buyer beware!

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not wholesome and even toxic to various degrees.

Our modern food system is not one of mutual benefit; on the contrary, the consumer's loss is the industry's gain. Consumers lose in three ways:

1. By being nutritionally shortchanged
2. By paying higher prices the more a food is processed
3. By being led to believe that synthetics are just as good as real food, and paying food prices for substances that play no part in human nutrition.

The widespread use of inexpensive synthetics and shortcuts sometimes gives the impression that natural foods are more expensive, when actually they reflect only the price of good food, not chemicals.

Consumers are also losing money because of the monopolizing trend of the food corporations. Proliferating brand names suggest great diversity, when in fact the companies that own them are decreasing in number and growing larger every year. Powerlessness of the consumer is compounded by the manipulative effects of advertising and the misinformation generated by research that has financial backing from corporate food giants.

All of this does not mean that we are hopelessly doomed to malnutrition or slow poisoning. An alternative food system is taking root and growing as organic farms, farmer's markets, co-ops, health food stores and restaurants become widespread. Supermarkets are installing natural food sections, but to date these are usually of limited quality and the staff often isn't knowledgeable on the subject.

No matter where you shop for food, good judgment and an eye for quality are essential. Quality is not synonymous with nationally advertised brands as television commercials would have us believe. Food quality is based solely on freshness and nutritional value; these factors also ensure good flavor. "Freshness" artificially extended with preservatives and other additives does not indicate nutritional quality or safety. In fact, many additives can mask spoilage and rancidity.

When food shopping, place foods into three categories: Category I - HARMFUL. These foods possess little or no nutritional value, and are not worth the money spent on them. Avoid them: candy, soft drinks, commercial bacon and processed meats, hydrogenated fats, refined vegetable oils, refined salt, commercial breakfast cereals, coffee, tea, cocoa, all foods containing refined sugar or white flour and all synthetic or imitation substances.

Category II - MEDIOCRE. These foods have nutritional value, but may have suffered losses during processing and may contain toxins, contaminants or unstated additives. Use them with caution: commercially-raised meats, poultry and eggs, pasteurized milk and milk products, canned foods, many frozen foods, and commercial granola.

Category III - HEALTHFUL. The more of your foods in this group, the better. Nutritionists debate the

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value of some of them but they are all whole, natural foods supplying all necessary nutrients: dried fruits, fresh fruits and vegetables, sprouts, whole grains, legumes, nuts, seeds, unrefined oils, sea vegetables, fish, organically-raised poultry, eggs, and meats, raw milk and milk products, fermented milk or soy products, and sea salt (sparingly).

Careful label reading is essential if you wish to protect your health. Don't fall for catchy phrases like "All Natural," "No Preservative," "Natural Flavor," etc. Read the fine print. In the big jump onto the "natural" bandwagon many food companies only dress up the package to imply earthiness and old-fashioned goodness while the contents leave much to be desired. Refined sugar is often called "natural" when compared with artificial sweeteners, but it is as natural as gasoline: it doesn't occur that way in nature. Beware labels that say "organic," since that is a vague term and there are no federal standards for organic foods. If a product is truly organically grown it should be stated in those words, or as biologically grown, preferably with a description of the growing and storage methods used. Purchase only products that explicitly state all ingredients - presumably they have nothing to hide; "Wheat flour" doesn't mean whole-wheat flour and orange cheese is not naturally that color even if no dyes are listed.

The best way to get healthful foods is this:

1. Buy from a store, co-op, or farmer you can trust
2. Buy products that have a good reputation and that do not compromise

3. Buy fresh, unprocessed whole foods


4. Grow your own without chemicals; read about the advantages and methods of organic gardening.

If consumers demand better food and refuse to buy cheap substitutes, the industry will change - it will have to. As supply increases to meet demand the price of high-quality food will go down. The power of change is in your hands every time you shop. Your dollar is your vote. How you cast your vote not only determines your state of health, but also has far-reaching implications for the rest of society.

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Hazardous waste in New Jersey's water

by Naomi Brahinsky
First of a two-part series

The poisoning of our water by toxic chemicals is a social problem of worldwide consequences, and recent disclosures that have made the news media have highlighted the problems for us who live in New Jersey. This problem has emerged over the past century with increased industrialization and the public's demand for an abundance of material goods, the production of which in turn generates hazardous wastes. The unregulated growth of the chemical industry and the lack of prohibitions on disposal of wastes has led to grave environmental and health risks. It appears that two societal needs are in conflict, a long, healthy life in a clean environment, and the material benefits of technology.

The effects of hazardous waste dumps on the lives of individuals and communities has recently been given wide recognition with the identification of 65 waste dumps in New Jersey. The problem has been highlighted by the state's extensive industrialization which has produced an abundance of toxic substances. New Jersey has the highest cancer rate in the U.S. as a direct result of this. The New Jersey De-

partment of Environmental Protection informs us that New Jersey has "only 0.21% of the nation's area, 3.5% of the population, but accounts for 12.4% of the nations' chemical production. The chemical industry is by far the dominant industry in New Jersey." One consequence of this is that the state "is surpassed by no other in its oversized landfills and contaminated drinking wells." According to Senator Bill Bradley, "Nowhere is the problem of toxic waste more critical than in the state of New Jersey."

Public discussion has been stimulated by such pronouncements and has encouraged individuals to organize such groups as the Association of New Jersey Environmental Commission, the Sierra Club, and Help our Polluted Environment to search out dumps and mobilize communities into action against improper disposal of hazardous wastes. Creating ties among diverse groups by 'networking;' using media and writing press releases has helped to build awareness and push enforcement. It has been shown that the most effective tools to get cooperation from industry once hazardous sites are identified are adverse publicity, public pressure and rigorous local control of pollution control laws.

The chemical companies have often lobbied against regulation claiming it is too restrictive

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and expensive. Additionally, politicians often support the chemical companies as they are large financial contributors to their campaigns. As a recent article in the N.Y. Times reports, "The Chemical Industry Council of New Jersey is a powerful coalition of the state's 70 largest chemical, petroleum and pharmaceutical companies, and it has lobbied extensively against proposals to advise employees of hazards of working with chemicals."

Over this past century an official definition of the problem has emerged and is currently being implemented in the provisions of the Clean Water Act and its amendments. Problems due to polluted water were recognized in the 19th century and initially were handled on a local level. Gradually state agencies took over and by 1960 most states had water pollution control departments. The effectiveness of these programs, however, has varied.

The 1977 Clean Water Act attempted to rectify this, with minimal success to date. The power and funding available to the chemical industry is enormous and so legislation has been restricted and delayed by their lobbying campaigns. Recent researchers state that "Social legislation dealing with the risks of industry ... has been effected by a laissez-faire ideology." Recognition of industrial pollution and therefore strategy to deal with it has come late. This fact is a reflection of the

hold of an individualistic ideology on American society and reflects the ideals currently in vogue with President Reagan's 'New Federalism.'

Frequently policy has been established to benefit large corporations whose factory wastes pollute the ground water at the expense of the public. One source says that "American industry generates hazardous wastes at a rate of 57 million tons per year while producing such common items as plastic, paints and pesticides, metals, clothing, fertilizer and medicines." Unmonitored waste disposal has led to the estimation that "90% of the hazardous wastes generated in the U.S. have been disposed of in an environmentally unsound manner."

The EPA has estimated that there are over 32,000 abandoned or closed hazardous waste dumps around the U.S. However, since 90% of all hazardous industrial waste disposal occurs at the site of generation, no one knows how many closed sites threaten health or the environment. In New Jersey alone, 4.6 million tons of waste are generated annually, and until recently there has been little done to deal with its safe disposal. Wastes have been dumped in industrial pits or as landfill without adequate concern for nearby water systems. In one five-year period between 10 and 15 of the state's water systems had been closed because of poisoning and 500 private residences had been affected. Wells had been closed in Allendale, South Brunswick, and Ocean County and also in Camden, where levels of trichlorethylene were found at 19x the level New Jersey deemed safe. In Jackson Township (where the Raritan

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Hazardous waste

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Aquifer, Roosevelt's water source, exists), a landfill owned by the town which was not designed to accept chemical wastes apparently did. The landfill contained little topsoil which enabled chemicals to leach easily into the water table 40 feet below. Residents within a three mile radius of the well were forced to give up use of their 140 wells after suffering rashes, stomach and kidney ailments.

The State Senate Commission on the Incidence of Cancer notes that "There is a correlation between the high

incidence of environmental cancer in New Jersey and its status as a manufacturing center -- particularly of chemical and related materials." It continues, "New Jersey produces a large concentration of industrial wastes and accepts for disposal large quantities of waste from other states; they have been disposed of either through ocean dumping or in sanitary landfills." Little has been done to prevent these materials from being washed out of landfills into ground and surface waters of the state.

(To be continued)

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Food Co-op celebrates third birthday

by Andrea Lakin

This past month the Roosevelt Food Co-op successfully completed its third year of existence. Members were treated to the elimination of the 10% surcharge for the month of December as a form of co-op rebate and to special prices on items from our distributors. There are now over 40 members in the co-op, and monthly orders have climbed to a total amount of \$1,200. The items include cheeses, yogurt, eggs, oils, grains, nuts, dried fruits, beans, crackers, and organic shampoos and cremes.

The candidates for the election to be held in January for the 1983 Food Co-op Board are Bobbi Teich, Lorraine Reibold, Edith Ernstein,

Mirah Skillman, Josef Solomon and Al Hepner. Board jobs include preparing monthly order sheets and buying sheets, treasury maintenance, surplus management and filling in on other jobs where needed.

New members may join when there is a job slot available. Currently drivers to New York are needed (3 times per year, on the third Tuesday of each month, full reimbursement) and people willing to work at Tuesday's distribution at the Borough Hall.

The co-op is interested in purchasing, or having donated a scale.

For further information please contact Bobbi Teich or Sara Prestopino.

FORMER HOUSING ADMINISTRATOR

Harry Glanz, former Housing Administrator for Jersey Homesteads, died recently in Vincentown, N.J.

Mr. Glanz served as assistant to Walter Simons, the Administrator for what is now Roosevelt from 1936 to 1937, and then became Administrator himself. He lived here until 1951, when he moved to Philadelphia. He was associated for many years with the regional office in that city of HUD (Housing and Urban Development).

He is survived by his wife Bertha and his children Daniel and Nina.

ORIGINAL SETTLER

Shaina Plungian, wife of the late Irving Plungian, died last month in a nursing home in Elizabeth. She was one of the original settlers in Jersey Homesteads. Her husband had served in many areas of the town administration. He had been a member of the Borough Council, and served several terms as Mayor of Roosevelt. He was also the first Fire Chief in Roosevelt, and he and Morris Chasan personally borrowed the money to buy the first ambulance.

Roosevelt Community and School CalendarFebruary 1983

- | | | |
|----|----------------------|--|
| 1 | Tuesday, 10-11 a.m. | Exercise class - Borough Hall |
| 2 | Wednesday, 8:00 p.m. | Revenue Sharing Public Partici- pation - Borough Hall |
| 3 | Thursday, 2:00 p.m. | Senior Citizens meeting - Borough Hall |
| | 8:00 p.m. | Fire Company meeting - Borough Hall |
| 7 | Monday, 8:00 p.m. | Agenda meeting - Borough Hall |
| | 8:00 p.m. | Deborah meeting - Borough Hall |
| 8 | Tuesday, 10-11 a.m. | Exercise class - Borough Hall |
| | 6:30-9:00 p.m. | First Aid Blood Drive - Borough Hall |
| 9 | Wednesday, 8:00 p.m. | Council meeting - Intro of Budget - Borough Hall |
| 10 | Thursday, 10-11 a.m. | Exercise class - Borough Hall |
| 14 | Monday | St. Valentine's Day |
| | 8:00 p.m. | Agenda, Bd. of Ed - R.P.S. |
| 15 | Tuesday, 10-11 a.m. | Exercise class - Borough Hall |
| | | Food Co-op |
| 17 | Thursday, 10-11 a.m. | Exercise class - Borough Hall |
| | 8:00 p.m. | Board of Education meeting - R.P.S. |
| 20 | Sunday, 11 a.m. | Parks Commission - Borough Hall |
| 21 | Monday, 8:00 p.m. | Board meeting - Cong. Anshei Roosevelt |
| 22 | Tuesday, 10-11 a.m. | Exercise class - Borough Hall |
| | 8:00 p.m. | First Aid meeting - Borough Hall |
| | 7:30 p.m. | Ed. Committee - R.P.S. |
| | 8:00 p.m. | Senior Citizen Housing - Borough Hall |

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|----|----------------------|--|
| 23 | Wednesday, 8:15 p.m. | Finance Committee - Bd. of Ed - R.P.S. |
| 24 | Thursday, 10-11 a.m. | Exercise class - Borough Hall |
| 28 | Monday, 8:00 p.m. | Planning Board - Borough Hall Ad Hoc Committee, Bd. of Ed - R.P.S. |

Contra-dancing, a fun way to meet people

by Andrea Lakin

Several Rooseveltians have been enjoying evenings of contra-dance in Princeton. Contra-dancing, a form of country dancing, originated in England and was once the rave of Europe.

Couples generally form two long lines - "a longways set." Each dance is a set pattern usually to 32 measures of music repeated many times. During each repetition adjoining couples dance with each other in groups of four. At the end of the pattern odd couples progress in one direction, evens in the other. One contra-dancer and musician says "The pleasure consists in the music - typically fiddles, guitars, recorders - and the social nature of the dance."

The callers and the more experienced dancers guide those less experienced in the right direction.

The patterns are occasionally intricate and the figures (balance and swing) are often ecstatic.

Weekly evening dances are held on Thursday nights at the Trinity Church, 33 Mercer St., Princeton at 8 p.m. Donation is \$1.

An evening of New England Contra-dance, with Swallow Tail, a great band from Amherst, Mass. was held on Saturday, Jan. 22 at 135 Nassau Street, Princeton. There was an afternoon session from 2-5 p.m. (\$3 admission), a pot luck dinner and an evening dance from 8-11 p.m. (\$3 admission).

All are welcome; no experience is necessary; instruction is included and no partners are necessary.

Contra-dancing is great fun, good exercise, and a nice way to meet people.

Love of Words**That isn't what it means - or is it?**

by Josef G. Solomon

Communication is hard enough when we say what we mean. For some reason, many of our common expressions say the opposite of what we mean. That is not to say that they are somehow "wrong", only that the listener has to know how to interpret what he hears. There is also a large set of expressions that are used in a way opposite to what the author of the expression intended. For example, a congressman was discussing the type of personnel who should be representing the United States abroad. He said, "We don't want any Ugly Americans." I believe him. I also believe he didn't read the book, because the Ugly American and his wife were the only decent, uncorrupted Americans in the entire book. Every American except them was one or more of the following: stupid, evil, venal, corruptible, know-it-all, etc. And those are the kind of people the congressman wants representing us! Frequently, that is the kind of people we get. He is consistent, at any rate. Well, as we all know, "Consistency is the hobgoblin of little minds". He, it isn't! The correct quotation is, "A foolish consistency is the hobgoblin of little minds." The quotation and the misquotation mean entirely different things. On the other hand, even quoting correctly doesn't always help -- you also need the correct inter-

pretation. A grammar-school teacher of mine used to demolish opposition by quoting proverbial sayings, and one of her favorites was, "That's the exception that proves the rule." The idea that finding an exception -- or a thousand exceptions -- to the rule only made the rule stronger was too much for my young mind to hold, but the teacher said it with such finality and authority -- and, after all, she was Authority. Much later, I learned what "prove" really means: to test, to put to the proof. Now that makes sense, doesn't it?

Ignorance is Bliss

Can we take comfort in the fact that ignorance is bliss? No, because the correct quotation is, "Where ignorance is bliss, 'tis folly to be wise." The full quotation contains an implication, missing in the mis-quotation, that there are times when ignorance is not bliss. I agree. Well, I could care less. Actually, of course, that expression means, and used to be stated as, "I couldn't care less if I tried." How did the expression get reversed, while the meaning stayed the same? You may think that reversals

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like that happen only once in a blue moon, but not so. "Once in a blue moon" does not mean "never", or "extremely rarely"; a "blue moon" is a second full moon occurring in the same calendar month. The lunar month is about 29 days, whereas the solar month is artificially defined as 30 or 31 (except February). Any time the full moon is on the first or second of the month, then, we're likely to have a second full moon that month. We had a blue moon in December of 1982 -- and a total eclipse, too. A blue moon is somewhat unusual, but actually not at all as rare as usage of the expression would indicate. In particular, a blue moon is more common than a total ~~eclipse~~.

The World at Your Feet

If you become an expert in the proper use of language, will you have the world at your feet? That depends. Unless you walk around on your head, "at your feet" is where the world is now.

As indicated above, proverbs are a fertile source of confusion. Please note that I didn't say "Proverbs"; I am not only a bibliophile, but also a Bibliophile. The confusion arises for two reasons: Words change their meaning, and we forget where the emphasis of the proverb is supposed to lie -- how the proverb is to be interpreted. You have seen an example of the former; here is an example of the latter: "Stuff a cold and starve a fever." Contrary to wide-spread belief, that doesn't mean that you should stuff a cold, and you should starve a fever. The sentence is a warning: If you stuff a cold, you will get a fever, and you will have to treat that fever by starving it. The meaning is similar to the never-misunderstood "Marry in haste, repent at leisure." That

doesn't mean that you should do both. It means that, if you do the former (which is not a good idea), you will find yourself in a situation where you will have to do the latter (which you will not like). That particular verb reminds me of another expression that says exactly the opposite of what it means, and yet is never misunderstood: head over heels, as in "head over heels in love". (You can see why "marry" reminded me of that.) "Head over heels" is the way most people stand. They thus presumably have both feet on the ground, and the world at their feet.

Lions and Cain and Contradiction

One of the most-often misused expressions from the Bible is "the brand of Cain". It is sometimes applied to a person who kills his brother, but more often it is used for anyone who kills another human being -- because we are all brothers. But the brand of Cain is not the mark of a murderer. Cain repented of his action in murdering Abel; he then complained to God that anyone who saw him would kill him. To keep that from happening, God made a sign, so that anyone who saw Cain -- the sign -- would know not to kill him. Far from being the mark of a murderer, then, the brand of Cain was actually a sign of Divine forgiveness! Have you ever seen that expression used correctly? And the incorrect usage is exactly contradictory to the correct usage. I feel strongly about the incorrect use of that expression. This next one doesn't bother me so much: the lion's share. It always used to mean,

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That isn't what it means

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"the largest portion". In the fable, all the predators united to kill something to eat. The lion divided the kill into several parts, than apportioned them as follows. "One for me, because I am the king of beasts. Another for me, because of my long mane." Etc. Finally, having assigned portions only to himself, he said, "and as for the rest, let him who will dispute it with me." "The lion's share" means "all of it." (If you use it that way, nobody -- nobody -- will know what you mean.)

Be Unabradable

Perhaps the important thing to remember, here as elsewhere in life, is "illegitimi non carborundum". The fact that I use that expression in this column has probably tipped you

off that something about it bothers me. It is usually translated as, "Don't let the bastards wear you down." Good advice, but bad syntax (in Latin, that is). If that's what you want it to mean, it should be "Illegitimi tu non carborundus es." There are times when I fail to realize that my cause is hopeless; this is not one of those times. My version of the Latin is correct, whereas the common version is wrong. Nonetheless, it is perfectly obvious to me that my version has no chance in the world of overtaking the incorrect version -- not the chance of a snowball in hell. Does that depress me? Frankly, I could care less. "Illegitimi non carborundum", I always say.

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Letter to the Bulletin**First Aid plaudits**

We would like to congratulate the Roosevelt First Aid Squad for the superb "superjob" they did in organizing the Art Fair. We all know the incredible amount of work involved in holding such an event. It was carried out with class and in the most friendly atmosphere giving us all a perfect revival of our town's tradition. Bravo and thank you. We hope you'll do it again.

Josette and Laurie Altman

NOTICE TO RESIDENTS

As of January 1, 1983 our Water/Sewer collection system became Computerized! Because of this change, January's bills will be late in arriving. You should receive your January bill by the twelfth of January. When you make payment Please include your stub so your payment can be credited to your account.

Starting February you should receive your bills by the first of the month.

The Water/Sewer bills will be printed by the computer, with late penalties included. If you have any questions or problems please contact either;

Water/Sewer Collector -
Patricia Antosky or
Deputy Water/Sewer Collector -
Marilyn Vitolo
at the Borough Hall, 9:00 a.m.
to 2:00 p.m., Monday to
Friday.

GARBAGE FOUND IN STORM DRAINS

When the storm drains were cleaned, garbage and motor oil was found. Please refrain from putting anything in them or in the gutters for it clogs them and creates a hazardous situation.

GLORIA ADLERMAN

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SENIOR CITIZENS - DECEMBER 2, 1982

by Helga Wisowaty

Our holiday dinner was held on December 4 at the Huntington Valley Dinner Theatre in Pennsylvania. The food was delicious and the play ("Little Me") by Neil Simon was enjoyable.

Mrs. Pat Meyer who is associated with the Wellman Program at Freehold Hospital showed us a film titled "Grandpa Died." Melvin Douglas starred as grandpa. This is a particularly meaningful film for those who have experienced the blessing and joy of grandchildren and for those children who have had the advantage of knowing the love and caring of grandparents. It deals principally with grandpa's recognition of the creative abilities of one boy. This results in a closeness between the two and help and encouragement from grandpa to grandson. Time passes and grandpa dies and the young talent blossoms and the seeds of talent that grandpa encouraged are now full blown.

When the young man (now a painter of renown) brings his mother to see his one man show at a gallery, she realizes that the paintings depict many scenes from his childhood. It was especially interesting to us as the picture was filmed in areas of New Jersey - Long Beach Island, Barnegat Bay and Seaside Heights.

This picture brought tears to the eyes but also a glow of warmth to those of us who also have those cherished memories.

Mrs. Meyer held a question and answer session afterward. It was enjoyable and we appreciated her visit.

SENIOR CITIZENS MEETING - January 6, 1983

We were happy to welcome Dr. Fluck (M.D.) who spoke to us about "aging" and of his experiences during his lifetime.

Dr. Fluck is 71 years old and a man who is still active in many organizations and who retains a wonderful sense of humor. His desire for independence led him to retire at 50 to do "good work." His "good work" took him to the Belgian Congo - now Zaire - where he did research on aging and learned that aging is a process of decay which results in a slow shutting down in everything.

1. We shrink; we dry up - tears don't flow easily - we don't perspire as much and gastric juices diminish, etc.

2. Sensitivity lessens - smell, hearing, etc.

3. We lose elasticity - coordination - a sense of balance.

4. The mind - there can be memory loss but the mind is all right provided it is used.

Atrophy results from disuse of the brain. Dr. Fluck advised us against:

1. Fixation - living in the past.

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2. Rigidity - difficulty in adjusting or changing ideas.

3. Inevitability - understandable but shouldn't be overdone.

On the bright side - the doctor feels that seniors lose a sense of conventionality and that they walk and exercise more which is good.

His DON'TS - Don't let attitudes harden or anchor yourself to the past; don't

be a hypochondriac and don't give in to loneliness.

He advises us (and everyone) to have a capacity for wonder; to be creative and to try new things and to keep in touch with others by letters and the phone.

We enjoyed Dr. Fluck and know that many of us realize that some afflictions strike everyone - no one is immune.

The Seniors wish a Happy New Year to all.



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Robert Petrilla

Alison Edwards Petrilla

Report from First Aid Squad on Art Fair

Sponsoring the November Art Fair was a first experience for the Roosevelt First Aid Squad. We proceeded with this new venture in the same way that we do when we are dispatched to respond to a first aid call - with our adrenalin flowing to help us deal with the uncertainty of what lies ahead. We worked together as a team sharing responsibilities, reaching out to the community for help, making mistakes and learning from them, yet managing to have fun doing it.

Community response was tremendous. People came forth and volunteered their expertise from past experiences to help us get started. Others gave their time to set up, to provide

invitations, to be at the door, to sell plants and raffles, to help the children with their craft projects, to help in the lunchroom, to bake - even to clean up.

The spirit of community that is so special to our town was with us throughout this undertaking making it one of the most successful and enjoyable art fairs for the participants as well as the patrons. (We raised almost \$3,000!)

Our thanks go to our artists whose talents make this event possible, our thanks go to all our helpers, and our thanks go to the community for their continued support.

Roosevelt First Aid Squad

Clara and George Levinson wish to THANK the Roosevelt First Aid for its dedicated devotion and expertise to us and to our community. Their response to calls at any time of day or night gives us all cause to count our blessings for their love of service to one and all.

Clara and George Levinson want to express profound thanks to our friends and neighbors who helped us get through some rough weeks. The flowers, cards, calls, plants, donations to charities, visits and gifts were greatly appreciated and helped to make the hospital stay somewhat bearable. Thanks - thanks - thanks-- and Happy New Year to all!

Garbage laws restated

(At the recent suggestion of Council member Norman Nahmias, we are reprinting the following Letter to the Editor from the Bulletin of October 1981 - eds.):

I am concerned about the way the garbage regulations in Roosevelt are being flouted. I think it is in order to remind everyone just what the official regulations are.

They provide that garbage, meaning all kitchen refuse, animal or vegetable matter, and trash, including ashes, paper, rags, debris, baskets, aluminum and tin cans, wood cuttings and minor building materials, be placed in "durable covered tight tapered containers not smaller than 20 gallons nor greater than 30 gallons capacity -- the whole to weigh not more than 60 pounds. These are to be well drained and placed in a bag or wrapped before depositing into the receptacle. Plastic and reinforced fiber bags are also approved as containers."


Collection is made by the contractor on Mondays and Fridays, except for holidays, or other weekdays as decided by the Mayor and Council. Garbage must be placed at the curb of each residence by 6 a.m. of the scheduled day.

"Materials caused by demolition, alteration or construction will not be collected. Also dead animals, fecal matter, sod, soil or stones are not considered household trash. Grass clippings and leaves will be limited to two bags per pick-up."

So; if you have put out garbage that is not in the collectible category, I hope you will not leave it out for days after the collection. Furniture, mattresses and other large items must wait for the special semi-annual pick up.

I ask that all residents please remove empty garbage cans from the curb area as soon as they can. If we all obey the regulations we can keep Roosevelt clean and beautiful.

--Esther Pogrebin
Former member of
the Borough Council



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OUR NAME, THAT IS.
When you shop at a place that advertises in the BOROUGH BULLETIN, let them know you saw their ad here. They'll be glad to know the ad is working...and we'll be glad if they keep on advertising. Thanks

MINUTES AGO

Only skinny guys eat dessert

by Arthur Shapiro

A movie which I really relate to is the current sleeper, "Diner." The story, which takes place in the late 1950's, is about a group of guys - the same age my friends and I were at the time - whose main hangout is a greasy spoon diner in Baltimore. Although their antics and behavior are like ours were there are a few differences. My crowd's hangout was not in Baltimore but in Trenton; and it wasn't a diner but a pizza parlor, De Lorenzo's.

For us, De Lorenzo's was a find. They made - and still do make - the very best pizza in the world. In fact it is the standard by which Roosevelt teenagers of that era measured all pizza. David Spelkoman was recently describing the quality of the pizza he gets at his local pizzeria in Caldwell. He said, "On a scale from Chef Boy Ar Dee frozen to De Lorenzo's, it's closer to De Lorenzo's."

We learned about De Lorenzo's by accidentally befriending a group of Italian guys at a dance. They lived in the Chambersburg section of Trenton which was, and still is, populated mostly by Italians. Chambersburg probably has more good Italian restaurants than most large cities. They took us to their hangout on Hudson Street. Once we tasted the pizza and the friendly atmosphere, it became our permanent hangout too. (When we left for college, we introduced the younger guys from Roosevelt to De Lorenzo's - thus starting a tradition.) To be fair, some renegades from town preferred Maruca's or Poppa's, but the real pizza connoisseurs chose De Lorenzo's.

Every Friday and Saturday night, whether we had dates or not, we would always wind up at De Lorenzo's to end the evening. The pie was perfect and baked in a special oven that gave it a unique taste. A "small" pie was the size of what other places called a "large." A "large" De Lorenzo pie was so large that only one could fit on a table in each booth.

De Lorenzo's had a real "homey" atmosphere. "Chick" De Lorenzo, the owner of the place was the chef and his wife Sophie the waitress. Pizza was the only thing they made. If you wanted soda, you had to take it out of the refrigerator yourself. Chick didn't have a liquor license, but if you wanted beer, all you had to do was pound on the wall for as many as you wanted and the bartender from next door brought over your order. The tables in the booths were made of wood and were not covered with table cloths but with carved-in initials, including half of Roosevelt's. The pizza making was done out in the open so we could talk to Chick as he made the pies. Most often, we made wise remarks like telling him to cut Marvin Block's pizza into only four slices because he wasn't that hungry.

Most often four guys would sit in a booth and share four small pies served one at a time. We did it that way so that Sophie could keep bringing us hot pizza; it never had a chance to get cold! Some of my more gross friends would lick their index fingers and

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poke them into the particular slices they wanted. A full night's eating consisted of downing a small pie and four sodas apiece. After that, you were really full!

One late Saturday night about twelve guys from Roosevelt were sitting in De Lorenzo's. The place was filled with other teenagers as well. We were about to order when Shimmy Katzenellenbogen bragged to Marvin Block that he could eat more of Chick's pies than I could. Now, you have to understand that Shimmy was one of the skinniest kids from Roosevelt, while I was the "big eater." Marvin rose to the challenge and made Shimmy a bet. The bet was that if I lost the pizza-eating contest, Marv would pay for all pizzas and sodas; if Shimmy lost, he would have to pay. I loved the idea. Either way I was going to eat and drink free. (They also made a side bet of five dollars.)

They sat Shimmy and me across from each other in a booth. Almost everyone in the place gathered around to form a cheering section and they brought us each a small pie with sausage. Like always, I finished mine/Shimmy finished his. Then Sophie brought pie number two, a small plain. My stomach hurt but the crowd cheered us on. I couldn't quit! Slowly I ate each slice. I had to open my belt and the top button on my pants. Somehow I was able to get the last slice down! By this time my stomach felt as if it were going to burst. I looked at Shimmy and he had finished his last slice too.

The crowd was cheering! Sophie brought us each pie number three, another small plain. I felt sick. Hoping to "fake Shimmy out" I began to eat another slice. Shimmy did too. The crowd was cheering. Amid the din I leaned over to Shimmy as he ate another slice. "How can you go on?" I asked. Holding his stomach, Shimmy said, "I can't let you win. I left the house tonight without my wallet!"

I threw in the towel. Shimmy finished his pie and won, but who cared? I was sick and in pain. Deciding not to take me to the hospital, my friends thought it would be best to take me to Shimmy's house and get me some Alka Seltzer. They carried me to the car. All the way home to Roosevelt I was stretched out on the back seat holding my stomach and yelling "Oy" as the car went over each little bump. Shimmy was holding up well. When we got to his house, the guys let me lie down on the couch and brought me four Alka Seltzers. Shimmy disappeared into the kitchen for awhile. Marv went into the kitchen to pay off Shimmy and came back into the living room with a look of shock on his face. "You won't believe this," he said. I got up and slowly stumbled to the kitchen door with the rest of the guys. My stomach was still hurting. As I peeked into the kitchen I really got sick - for sitting at the table was Shimmy, EATING CHOCOLATE PUDDING!

Principal's Letter

Principal issues mid-year report

January is (for most people) the beginning of the year. It is the time for New Year's resolutions to take effect. In the public school January is not a beginning. We begin our year in July. That puts January smack in the middle. Thus I am in the unique position of being able to put together a mid-year report at the beginning of a calendar year.

If you have suddenly gotten the impression that I plan to report on school activities, you are correct.

This year we have undertaken a major task - the development of district curriculum. Working together the staff and I have already been able to establish curriculum in two areas, composition and reading. The Board of Education has reviewed the material and has already adopted the composition curriculum. We anticipate adoption of the reading curriculum at the January meeting of the Board of Education. It is our intention to have a completed curriculum for every subject by June of 1984. Any member of the community who would like to review the material that has been developed should feel free to contact me.

Another major undertaking was the development of a comprehensive report card. Judging from parental reaction we accomplished this task very successfully. The report card reflects several aspects of each child's performance. It indicates the level at which the pupil is working, the academic performance at that level and it indicates the areas of strength and weakness for each subject.

A student council has been formed to provide a forum for principal-pupil communication. Ideas are exchanged at the council meeting with the participants explaining their point of view. Student suggestions have been extremely helpful in many situations. The student council met with representatives of the Senior Citizens' Organization to plan the event celebrating the beginning of the Senior Citizens' Housing. Our chorus performed during the event.

Another area of development has been the institution of a program for the Talented and Gifted pupil. The program is being phased in one step at a time. The first activity in the program is the participation of our pupils in the Olympics of the Mind Competition. Many additional activities are planned and we hope to include a very broad spectrum of our pupils.

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Plans are underway for many other student activities. We anticipate the approval of a sports intramural program and a Dungeons and Dragons group at the January Board of Education meeting.

These are just some of the developments taking place in your school. Do you have any suggestions? Are there things you would like to see included? If so, please call me so that we can get together and review your suggestions. I have only one condition. I reserve the right to steal ideas and use them without paying royalties....

Stanley J. Sussman,
Administrative Principal

BLOOD DONOR DAY

The annual blood drive will be Tuesday, February 8, 1983 from 6:30-9:00 p.m. at the Borough Hall.

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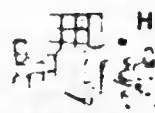
HOAGY DAY

Hoagies on Superbowl Sunday are a Roosevelt tradition. On Jan. 30, 1983 from 11 a.m. to 6 p.m. the Roosevelt First Aid Squad will be at the Borough Hall selling hoagies and beverages.

Advance orders can be placed by calling 448-3183. Orders will be taken at the Borough Hall the day of the sale by either stopping by or calling 448-0561.

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STORY TIME

A cooperative story time for pre-schoolers will be held at the Borough Hall beginning on Wednesday, January 26 from 10-10:45 a.m.) and running for 8 consecutive weeks. The readings will include selections from books recommended by the Monmouth County Library and an activity which may include crafts, creative movement or music.

A parent must accompany the child. There is no fee for attending, however registration will be required in order that parents sign responsibility release forms from the Borough Hall. Children may be signed up at the Borough Hall between 9-2 on the following dates: Jan. 13, Jan. 20, and Jan. 25.

For more information contact Marilyn Vitolo (443-3044) or Andrea Lakin (443-3463).

EXERCISE CLASS

There are free exercise classes for all ages, right here in Roosevelt, so you don't have to travel out of town.

Why not join this successful group here, every Tuesday and Thursday, at the Borough Hall - 10-11 a.m. Nancy Warnick is in charge, and is rated EXCELLENT, by a local Pro.!

Begin NOW to shape up and keep physically fit.



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EDITH ERNSTEIN

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BOROUGH

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JACOB BLUTSTEIN

Jacob Blutstein, who served our community in various capacities, died in the Princeton Medical Center on October 31, 1982. He was 80 years old.

A resident of Roosevelt since 1939, Mr. Blutstein was municipal water tax collector for the past 32 years.

From 1948 to 1961 he served as bailiff in the borough municipal court under Judge Halpern. During the years from 1955 to 1967 he assisted his wife Bessie in her job as Postmaster for the borough. After her death he married Anne Halpern, who predeceased him.

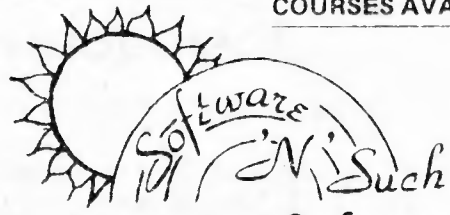
An active member of Congregation Anshei, he served as its treasurer for a number of years.

Mr. Blutstein is survived by two sons, Barry of Philadelphia and Howard of Washington, D.C.

THE BULLETIN NEEDS YOU

We need people to do community news reporting, help with paste-up and collating. Phone 443-1898 or call any member of the staff.

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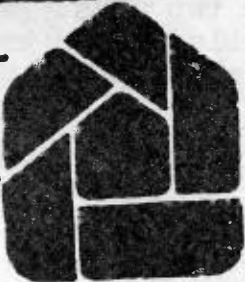
Annual elections on December 7 brought some changes to the Roosevelt Fire Department. Steve Yeger was elected chief for the new year and George Loyer assistant chief. Kim Dexheimer is the new president and Art Unger vice president. Pat Archambo was elected treasurer.

CAMELOT AUDITIONS

Come be part of the legend of "Camelot." Auditions Jan. 25 and 26 at the Millstone Township Elementary School 7:30-9:30 p.m. If interested contact Janet Gravatt at 446-4480.


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