

# Bulletin

Volume 34 Number 7

May 2011

## BOROUGH COUNCIL NEWS

By Michael Ticktin

### Borough to Acquire Free Fire Truck; Water Tower to Remain Light Blue

As readers may infer from the headline of this article, this was a light news month at the Borough Council.

At the April 11 meeting, Councilman Jeff Ellentuck announced that, thanks to the efforts of Jack Rindt, the Borough would be able to obtain a fire truck free of charge. It is currently owned by the Mercer County Fire Academy, where Mr. Rindt teaches. The Fire Academy is willing to donate it to the Borough, provided the Borough takes it quickly. Though this fire truck needs some work, according to Mr. Rindt, it would be a lot less costly to repair than would be the Borough's current fire truck, for which the cost of repair would exceed its value after being repaired. Housing the new

fire truck would require extension of the existing garage. Following Mr. Ellentuck's presentation, the Council adopted a motion approving the acquisition of the fire truck

Repair work is now being done on the water tower. In conjunction with that work, the tower is to be repainted, and the Council therefore had to decide on a color. On the recommendation of Mr. Ellentuck, the Council voted to retain the present light blue color for historic reasons, and also because people (and presumably, the turkey buzzards that use it as an observation post in order to meet carrion requirements) are used to it.

#### Legislative Redistricting Reunites Panhandle Region, Making It Part of a Four-County District

By Michael Ticktin

On April 3, the Legislative Redistricting Commission approved a new map, establishing districts for the election of members of the New Jersey Senate and General Assembly for the next ten years. After a ten-year separation, Roosevelt, Allentown and Upper Freehold are once again in the same district, the re-drawn District 12, with Millstone, thus reuniting the municipalities of the Monmouth County "Panhandle" region. Roosevelt is one of the eight municipalities in the district that were previously part of District 30, the others being Allentown and Upper Freehold in Monmouth County, Jackson and Plumsted in Ocean County and Chesterfield, New Hanover and North

Hanover in Burlington County. In addition, the new District 12 includes Millstone, Matawan, Manalapan and Englishtown in Monmouth County, Old Bridge in Middlesex County and Wrightstown in Burlington County.

The most populous municipalities in the new District 12 are Old Bridge, Jackson and Manalapan. The most populous municipality in District 30 was, and remains, Lakewood, which was the fastest growing municipality in New Jersey during the last decade, with the result that District 30 lost municipalities because fewer municipalities had to be added to Lakewood in order to reach a population of approximately one-fortieth of the population of the state. Other municipalities that are no longer in the same district as Roosevelt are Bordentown City, Bordentown Township, Fieldsboro, Howell, Farmingdale and Robbinsville.

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## ANNOUNCEMENTS

Welcome to the 34th edition of the *Roosevelt Borough Bulletin*.

As usual, there will be nine issues starting with October 2010 through July, 2011, leaving out January 2011.

We will do our best to make the *Bulletin* both informative and interesting with the help of our devoted writers and production people.

If you want to contact the *Bulletin*, please look at our masthead to the right with our address and telephone number as shown.



Please report any bear sightings to:  
State Bureau of Wildlife Management  
Kim Tinnes, Wildlife Control  
609-259-7955  
As well as to David Schwendeman, 443-6204

All artists are invited to Roosevelt Public School on Wednesday evenings from 7–10 p.m., to work on some form of art. No instruction, just a place to gather with other artists to do your own thing (no oils please). We will gather in the lobby of the school, except when that is in use, we will meet in the art room upstairs. For more information please call Barbara Atwood at: 918-0757 or e-mail her at: [barbatwood@comcast.net](mailto:barbatwood@comcast.net).

The Meals on Wheels program delivers prepared meals to Roosevelt seniors who need this assistance. Though meals are provided free of charge to recipients, the cost to the program is \$2.50 per meal. Donations to help cover these costs may be sent to Interfaith Neighbors, 810 Fourth Avenue, Asbury Park, NJ 07712.

**SENIOR CITIZENS:** There is a S.C.A.T. bus provided by Monmouth County Division of Transportation that comes to Roosevelt on Wednesday mornings at 9:00 a.m. and will take you shopping to ShopRite in East Windsor. The bus will pick you up at your home, you spend 1 ½ hours shopping, and the bus will take you home and leave your groceries at your door. There is no charge to you for this service.

If you wish to go, you must call the SCAT bus Tuesday no later than 3:00 p.m. at 732-431-6485 and press 1. Give them your name, address, and the town you are from, and your interest in going on Wednesday, the next day.

An archive of all past issues of the *Bulletin* can be found online at [www.mazicmusic.com/rbb.htm](http://www.mazicmusic.com/rbb.htm), courtesy of Mark Zuckerman. Current and recent issues can also be found online at [www.web2sons.org](http://www.web2sons.org), the unofficial Roosevelt website that is maintained by Bob Francis.

The *Bulletin* is a community institution that belongs to all of us.

Everyone is invited to participate, whether in writing, or in production, or making a contribution.

We especially need people to take turns delivering the copies to the Post Office in Freehold every month, since our local post office can no longer accept bulk mailings.

If you are able to help, please contact

Bess Tremper (609-448-2701) or write to P.O. Box 221. Thank you.

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Breaking Bread and Calendar Art  
by Shan Ellentuck

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# From the Mayor

By Elsbeth Battel

Dear Neighbors,

Here it is spring; finally! Time to get outside and enjoy the garden and the yard start on spring projects. Before getting into a project that requires building fences, decks, sheds, or enclosing decks or porches, it's necessary to be sure that your project is done correctly according to Borough ordinances for your zone. Ralph Kirkland, the Zoning Officer, is the man to ask. He can tell you what the requirements and parameters are for your property. (He is at the Borough Hall Tuesday evenings, usually between 5:30 and 6:30. The next step is to apply for a permit from the construction officials, or if you have a contractor, they can do the application. (The construction officials, including Fire, Electrics and Plumbing, are in the Borough Hall Wednesdays between 1PM and 2PM.) If your project requires a variance, the Planning Board has recently crafted (and the Council enacted into law) a Check-list for fees and completeness to help guide you through the process. Generally, a variance requires a good reason why you cannot meet the current ordinances (a hardship), and a potential benefit to the community that granting the variance would achieve. In some instances there exist a structure which doesn't meet current zoning requirements (say an undersized lot, or a structure that exceeds the set-

back requirements) that was in place before the ordinance or zoning were established. In that case it is determined to be a 'pre-existing, non-conforming use', and is allowed. However, if any expansion or change of use is desired, it must then be applied for and receive a variance before making any changes.

Sometimes people will build something without a permit that doesn't meet the required criteria. If it comes to the attention of the Zoning Official, he can require that the structure be removed. If it meets the criteria but hasn't had a permit, he may just require the property owner to obtain a permit or remove the structure. The argument that "It was like that when I bought the property" doesn't excuse or negate the lack of permit.

Some of the purposes of Zoning Ordinances are to ensure uniform acceptable standards for the entire neighborhood and to maintain our spaciousness in the front, back and side yards.. The Borough as a whole, and each individual property owner benefits by a more attractive area, higher quality of life and higher property values when everyone complies.

Thank you,

Beth ■

## **THE ROOSEVELT BOROUGH BULLETIN**

**is distributed free-of-charge to Roosevelt residents.**

**We look forward to and appreciate contributions which are needed  
to keep our publication going.**

**Contributions are tax deductible.**

**PLEASE NOTE: Due to postal regulations  
we can only ask for "donations" rather than "subscriptions" from out-of-towners  
who wish to receive the *BULLETIN*. We will be pleased to continue  
sending them the *BULLETIN* when we receive their contributions  
which, of course, can be for the same amount (or more) as in the past.**



*To educate and inspire all students to excel academically\*, to become independent and creative thinkers, skillful communicators and lifelong learners. Roosevelt Public School nurtures and challenges the unique potential of each student so that our children will develop individual, social and civic responsibility as well as respect for themselves, each other, and the environment.*

*\*to achieve or exceed N.J. CCCS at all grade levels.*

**ROOSEVELT  
PUBLIC  
SCHOOL**

**MAY EVENTS**

**MAY**

- 1 PTA Mother's Day Plant & Bake Sale
- 2-5 NJ ASK 6th grade testing
- 9-12 NJ ASK 3rd-5th grades testing
- 12 PTA Meeting 7:00 p.m.
- 16-20 SPIRIT WEEK
- 23-25 PTA Book Fair
- 27 Pizza Day
- 30 School Closed – Memorial Day

The Board of Education is committed to making its deliberations and actions transparent to the stakeholders of the Roosevelt Public School. One major change we have launched over the past two years was to change the location of public meetings from the library to the school lobby so that more of you could comfortably attend. If you cannot attend each meeting and would still be interested in knowing more about the Board's actions and the school's performance, there are several ways to obtain this information.

- Information about board business and action items can be obtained from our Business Administrator/ Board Secretary by requesting copies of the meeting minutes on a specific topic or a specific date.

- QSAC information can also be obtained from the Business Administrator. QSAC, or Quality Single Accountability Continuum, is the most recent New Jersey Department of Education's monitoring and evaluation of our school's programs and governance. Governance of the school consists of the Board of Ed's policies, procedures, meeting agendas, minutes, and resolutions reflecting board deliberations and actions.

- Roosevelt Public School's school report card, comparing us to other schools in the state, is accessible online at <http://education.state.nj.us/rc/rc10/index.html>. Due to the small size of our school, making certain NJASK scores public could breach personnel or individual student confidentiality, thus the data is limited.

- RPS's website, [www.rps1.org](http://www.rps1.org), has links to all board policies.

Public notice of meetings is advertised in the Trenton Times and/or the Asbury Park Press, listed on the monthly Bulletin calendar, and also on the school website. We welcome members of the public at our board meetings, since this is the best way to watch the board deliberate and take action. ■

Each month the Roosevelt Board of Education is going to submit an article to keep the public apprised of Board goals, decisions, and activities

**CLOTHING DRIVE, RPS, MAY 6TH**

**Anyone wanting to contribute clothes, shoes or toys to a clothing drive, please bring them to RPS by Thursday, May 6th.**

**If shoes are packed separately and labeled, the Council gets more money.**

**Please have all clothes in garbage bags and tied or gathered. (No books or toys that include English on them please.)**

## REVIEW: JIM HAYDEN AT THE FACTORY

By Frances G. Duckett

A retrospective of Jim Hayden's drawings, paintings, prints, sculpture and assemblage filled the factory on April 16th and 17th. I visited on the Saturday. A large canvas placed outdoors welcomed visitors, in brave defiance of impending rain. The show, sponsored by RAP was titled, JIM HAYDEN – WORK- 30 YEARS AND COUNTING.

Jim Hayden lives in Neptune now, but he used to own and operate the Eleanor Gallery in the factory. The former gallery space was brilliantly lighted and used to display his most recent works. He told me it was an honor and a pleasure to be back in town.

Although I had seen some of Mr. Hayden's work before, this retrospective, laid out clockwise in more or less chronological order, was an eye-opener as to the breadth of his artistic interests, his versatility and his impressive skills. 117 works were displayed from as early as 1980, and covering the following years. They included drawings, prints, paintings, collages, sculpture, and combinations of the above. Some were from the artist's collection, or private collections, but most were offered for sale at reasonable prices.

Because there were so many works of interest it is hard for me to select which to focus on. I liked the vivid self-portrait placed near the entry table, and the "Blue Andy" portrait in acrylic, which I took to resemble Andy Warhol. There were a couple of other Warhol hommages in the show, so my suspicions were confirmed.

Cartoons were represented in the show, often with a twist. My favorite of these was "The Soup Kid," a collage

box in which a knife-wielding child eyes a fruit hanging from a twig.

"Collages," one of which had been fine-tuned over a period of years, showed surrealist tendencies. These appeared in many of the paintings, too. I am aware, because of the recent Assifa Space show, that using lettering in a piece is fashionable, but lettering works better in some pieces than in others.

The male figure was also a theme in the show. Some of these figures are posed to express emotion, such as the row of suited men depicted scoping out what appears to be the ruins of 9/11 through holes in a construction fence. Some figures are headless, such as (Bundle of Sticks) polymer clay/copper wire. Many are pierced in some way. Most impressive are soft-focus action figures

items on Hispanic or Mexican themes, from a painted skull for The Day of the Dead to the amusing "Jean Jacket" on which is painted Our Lady of Guadeloupe. Some Roosevelt residents may remember The Day of the Dead celebration, which was held at the Eleanor Gallery in October of 2006. It included an altar, a lecture, and dancing by spirited visitors from Perth Amboy.

Last (chronologically) but definitely not least in quality are the assemblage boxes in the gallery space. They include widely diverse found objects, as do the boxes of Joseph Cornell. One of these pieces had internal lighting. Many had an elegance missing from earlier work. Displayed beside these boxes, but in a different style was a grouping of large vertical boxes of differing heights in beautiful wood, rising off the floor,



Artist Jim Hayden at a retrospective showing of his work, The Factory, Roosevelt, New Jersey

which play like Greek athletes across the canvas, revelling in the physical and displaying the artist's command of anatomy.

One of the prettiest paintings is "The Icarus in Me", which has soft, subtle colors. This softness in color often informs Jim's two paintings of "The Delano Hotel in Miami." "The World is My Oyster" is an abstract so successful that I was brought to wonder why Jim Hayden did so few of them.

The show also includes a number of

entitled "Nuclear Family." Jim Hayden told me Gary Edelstein had assisted him in constructing these attractive forms. This piece shows what may be a new direction for Jim.

Over the years Jim Hayden has not limited himself to one particular medium or style. On the whole I found the show rewarding, and, Jim, the honor and pleasure belong to the Borough of Roosevelt. ■

## My Four Grandpas

I had four grandfathers. And three grandmothers, but this is not about them. This is about grandfathers and the distinct influence each had on the path of my life. For better, or worse.

### Harry Miller

Harry Miller, my Mother's biological father, was by all accounts witty, charming, intelligent, and a superb dancer. I can't say. I never met him. The closest I came, I'm told, was one afternoon when I was about five. He had come to our door and asked my Mother to let him meet his grandchildren. She wouldn't let him in. Instead, she told him to cross the street and wait. Then she walked my sister and me out onto the porch.

She had her reasons. For instance, the last time she had seen him had been twenty-some odd years before. She was nine. The door he knocked on was her mother's, and my mother heard him ask Grandma to leave her daughter with relatives and go away with him. She did not.

Grandma made only one recorded comment about him. She was preparing to move from the house she had shared with her second husband for thirty years, and my sister was helping her pack. In her dresser drawer, they came across a picture of Harry. My sister said a look came into Grandma's eyes she'd never seen before, of sparkling joy and adoration. "He sure was a handsome bastard," Grandma said, smiling, and left it at that.

Harry married Grandma in early 1920. He then carried her off to Baltimore, where he worked as a salesman, and settled them into a little apartment directly across the street from Pimlico Racetrack. My Mother was born there in September, 1920. Two months later, Grandma (an eternal Democrat) wheeled her infant daughter to the polls to cast her his-

torical, first-ever vote for James Cox over Warren Harding.

My mother's family was entirely "Moderne", given to the rational, technological world. Grandma and all her siblings had telephones, radios and cars, and they kept in touch. So, when Aunt Bessie called Grandma and was told the phone service was "discontinued", she was alarmed. Things were terribly wrong. She hauled Uncle Max out of his study, and into his DeSoto. They drove through the night, across the mountains. (I regret to report I know nothing of the weather, though I feel certain it was lousy.) Arriving the next morning, they found mother and daughter huddled in quilts in an apartment with utilities shut off and very little food, afraid to answer the door. Harry, it turned out, was a compulsive gambler. When the loan sharks had come for their money, Harry had stolen a typewriter from his employer and pawned it. In contrast to today's practices involving rehab, sick leave, and reinstatement, Harry was fired and thrown in jail. Bessie and Max bundled the two Dickensian figures into the DeSoto, and fled back to Pittsburgh.

As a child, I recognized playing dreidel at Chanukah was more agony than fun. I didn't just hate to lose – and I lost far more frequently than I won – losing was actually painful to me. I'm talking chocolate candies here, matchsticks. Popcorn kernels. And the winnings did not compensate me, because they carried the threat of losing and pain lurking in the future. I simply couldn't gamble. I still can't.

### Max Weinberg

Tribal elders are more than Role Models or Father Figures. Brothers and sisters to the gods, they seem to have descended directly from Titans

to stride the earth in their smoking jackets and carpet slippers and Cause Things. Their footsteps fill with rain-water and become the Necklace Lakes; hills and rocks form from their furniture and discarded boots; and their mundane acts become the benchmarks of history. Max Weinberg, the man who raised my mother, was exactly that, not only within my family but also to a small population that bore no relationship to me at all. As the Patron of All Psychiatry in Pittsburgh, he wielded the power of a natural force. As late as 1976, I watched a clinician's face go through the complete Pantone color-wheel at the mention of his name. Talk about awesome.

Max was a gangly man, stronger in mind and spirit than in body. He had come to America (no doubt, through dreadful weather) to become a doctor. Considering that his only formal education, other than med school, was in cheder, we can conclude that his mind and spirit were indeed formidable.

In the 1912 University of Pittsburgh yearbook, his contemporaries give us perhaps some insight. "Max Weinberg, The burner of midnight oil. The murderer of the English language. Max is a second Ichabod Crane, but some day he will probably take Dr. Guthrie's advice, and really find out what the words mean."

I will tell you that he learned the meanings of the words. Midnight oil, Ichabod Crane, those I recognize. But I never heard him misuse any word, in English or not.

After graduation, he joined the staff of the Western Pennsylvania Hospital as a neurologist. Over the years, his reading and his patients' symptoms led him ever deeper into the work of Freud. But before that, immedi-

*Continued on Page 8*

## DAFFODILS

As I drove into Roosevelt the other afternoon pondering tribulations of financial and family struggles a quick smile crossed my face. A large patch of daffodils blooming gloriously reminded me of a simpler time: a time when nature, family and the joys of a patch of flowers were reminders of better times. My mood immediately was uplifted and the story transported me to another time: a time of when stories were told and repeated by our family thus becoming folklore.

I recently told the story at the auditorium of Roosevelt Public School. The RPS students seemed as delighted to hear the story of my Uncle and Dad as I was to tell it.

My uncle and dad both served in World War II. My uncle was discharged first, and upon his return from the Air Force, he brought his mom, my grandmother Mummum, an exotic expensive flower corsage. She wore it proudly until it wilted. Two years later my Dad, Dave Sr., was discharged from the Marines and brought his mom thirty traditional golden-toned daffodils bulbs. Her delight was immediately apparent as she was an avid gardener. She planted them and pampered them until they abounded the land. Mummum shared her daffodils with half of NJ or at least that what it seemed. The brown paper bags of thirty daffodils seemed to end up in endless number of bouquets and in numerous number of family and friends residences as they prospered under her tender loving care.

The gift of thirty bulbs that started sixty-seven years ago seems to bring as much delight to others as they did to her for back then. My Roosevelt yard is a living memory of her. Thus, the moral of the story.

## WOOD DEBRIS PICK-UP MONDAY MAY 9TH...YEAH!

The Roosevelt Environmental Commission has arranged for a wood debris pick-up on May 9th. All wood branches and debris for chipping should be curbside before May 9th which is a Monday. This date is after the litter pick-up which is Sunday, May 1st and before the big garbage day scheduled for May 18th. Please check with other sources for the accuracy if these dates, but the wood pick-up May 9th is for sure and the only one for this year!

## NEWS FROM THE LAST MEETING

The normal monthly meeting was held April 20, 2011 at the Borough Hall.

The Planning Board representative John Impellizzeri and Council representative, Ralph Warnick, gave their reports. David B. Schwendeman scheduled the wood debris for May 9th.

A program for the RPS students has been outlined and discussed regarding Earth Day, April 29, 2011.

The presentation is scheduled for April 29, 2011. The presentations will start at

9:00am till 2:00 p.m. with six consecutive programs being presented by David B Schwendeman. The presentation will include animals that nest in trees or commonly called cavity nesters. Wood ducks, flying squirrels and wood peckers are examples of cavity nesters. They among other taxidermied common mammals such as woodchucks, muskrat and beaver will be displayed in RPS lobby for all to see. Work progresses on the RWT Extension should be completed by summer's end thanks to Scout James Collins and his support team. The meeting was attended by seven regular committee members and two supporting residents. The meeting adjourned at 9:05 p.m..

## NEXT MEETING

The next scheduled Roosevelt Environmental Meeting Commission meeting will be held May 18, 2011 at the Borough Hall at 7:30 p.m.. Everyone is welcome to attend and with enough time for public comment and questions during each meeting.

If anyone has a newsworthy nature note of interest or comment of environmental concern, please give me a call at 609-443-6204 or drop a note to P.O. Box 203. Thank you for reading this column and please visit and contribute your thoughts and observations to the [recgreen.ning.com](http://recgreen.ning.com) website. ■

## . . . AND PLEASE WALK THE ROOSEVELT WOODLAND TRAIL

## Candidates File for June 7 Primary Election

By Michael Ticktin

Mayor Beth Battel has announced that she will be running for re-election and has filed as a candidate for

the Democratic nomination in the June 7 primary. Her running mates will be Councilman Jeff Ellentuck and Bob Atwood, who is currently the Democratic Party committeeman for Roosevelt. If elected, he would replace Councilman Dan Hoffman.

According to Borough Clerk Krystyna Olejnik, no other candidates filed for either the Democratic or the Republican nomination. Independent petitions can be filed up until the date of the primary ■

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## FOUR GRANDPAS (CONT'D.)

*Continued from Page 6*

ately after his first paycheck cleared, he married Bessie Saiken, Grandma's older sister.

He was a man of science. Religion to him was a system of superstitions and prohibitions that excused inertia and frustrated progress. It was part of the darkness he left behind him in the mountains of Byelorussia. His orientation compelled my mother into geology. His season subscription to the Pittsburgh Symphony allowed me access, once a year, to music that showed me the glories of the cosmos. He established a family culture of rigorous effort, in which the will of God was no more powerful than the will of man, and reduced horrors to objects of fascination, like the human brain he kept in a jar of formaldehyde on his desk in his study.

### Paul Freedman

My father's father, for whom I am named, was a pious man. His father was the rebbe of Kelem, a shtetl in Lithuania about twenty-five miles outside Koenigsberg. Kelem is long gone, and the land where it once stood is no longer Lithuania. But that's what I was told.

When he was fourteen, Paul contracted empyema, an ugly disease involving pus deposits between the membranes surrounding the lungs and heart. Up until that time, it was fatal. But, in Koenigsberg that very year, a surgeon named Kirschner developed a procedure that cured empyema. And, somehow, that doctor's name was known in little Kelem.

Knowing they could never pay his fees, his parents begged the doctor to save their son. To their astonishment, they received the surgeon's own request: that he be permitted to operate on the child, and then have him live in his home for the next five years. The doctor had only performed the opera-

tion on old men with other illnesses, and he wanted to monitor a young, healthy patient's recovery. In return, the surgeon said, he would sponsor the boy for an apprenticeship in any trade he chose. My great-grandparents, who recognized a miracle when it ambushed and tackled them, agreed and quietly left.

The operation was a success, and the surgeon was as good as his word. Paul chose training as a watch-maker. At the end of his apprenticeship, the boy, now 19, passed the guild test. However, two other Jewish boys had higher scores, and two was the guild's quota for 1897. He could stay and take the test the next year. Or, he could move on.

The Lord his God, who had saved his life and provided him with his trade, would now lead him to America.

In New York, he could find no work. He made a small pack of solders and fluxes and took the trolley to the top of Broadway. Walking down the Boston Post Road into the countryside, he became an itinerant tinker. Farmhouse to farmhouse, he knocked on kitchen doors and asked housewives if they had any pots that needed mending, or tinwork that needed re-soldering, funnels or shed roofs or downspouts that needed attention. If they did, he was assured of dinner, maybe space in a barn for sleep, if it was late.

Paul walked for three years. When he came to small cities, like Springfield or Hartford, he inquired in Jewish neighborhoods about the nearby cities, always to the west. I know very little more about this period however, because he never spoke about it. Paul was a small man, five feet tall. The times were not generous, particularly for Jews. When he knocked on a kitchen door, he had no idea what welcome awaited him. I have no doubt that many of the faces were kind, but some must have given him pause, or reason to run, and he was never an athlete. I doubt he was ever fond of dogs.

When I picture him on the road, I see Chaplin's Little Tramp, though with a

better moustache. Paul had a real soup-strainer.

One sparkling spring day in 1901, he crested a hill near Homestead, just east of Pittsburgh. Three hundred feet below him, the Bessemer Converters in the Edgar Thompson Works of US Steel had just been tapped. A huge gout of oily brownish-black smoke bloomed upward from the river bank, and a banging roar echoed down the valley. Paul's heart soared.

"This is the Place," he said aloud, unaware of Brigham Young, fifty-four years earlier. Then he walked down into the city, where he would at last go inside and sit down.

He was a quiet, gentle man, who put his children to bed each night with a small cup of "coffee" (warm milk, mostly) and a fairytale. He helped found a small synagogue that was housed in a building wedged behind the roundhouse in the rail yard at the bottom of Herron Hill; he served as its cantor and shammas [caretaker] for many years.

Perhaps needless to say, I never met him. His jewelry store, down the block from the shul, was flooded out of business one St Patrick's Day, and he died two years after that, ten years before I was born.

### Aaron Chaitkin

The only man I called Grandpa came to America in 1906. Aaron Chaitkin was Grandma's second husband. He didn't enter my family's life until six months after my parents married. You might think he'd missed most of the action. Not a chance.

Grandpa was the most righteous man I ever knew. If, as tradition says, there are thirty-nine tzaddikim living among us, without whom the world would cease to exist, then Grandpa could have been one of them. His denial of this fact, voiced with certainty and horror, would only have confirmed its truth.

He was a businessman, and his business was food, case lots of canned

*Continued on Page 12*



The First Aid Squad has responded to 36 emergency calls from January 1 to March 31, 2011. In Roosevelt--emergency transports, cardiacs, motor vehicle accidents, difficulty breathing and down wires. In Millstone Twp--motor vehicle accident, emergency transports and a cardiac.

The training for March was having the Squad recertify in using the Auto-Injector (Eip-Pen). The Squad carries 2 adults and 1 pediatric on each ambulance. These are used for allergic reactions due to food, insect stings, etc. Training hours so far this year are 103 hours for the members and 30 hours for the Squad.

We would like to thank all the residents of Roosevelt for their generous donations to the Squad. Without your support we could not operate. Thank You!!!

Anyone who wishes to make a donation can send it to the Roosevelt First Aid Squad at P.O. Box 274, Roosevelt, NJ 08555. Remember, all donations are tax-deductible and greatly appreciated.

We are always looking for new members. We will pay for the basic training that is needed. If you are interested, please contact any Squad member or stop in during our training for an application and an EMT training schedule. If you would like to join or receive information about becoming an EMT, please e-mail FMFD7568@verizon.net

## First Aid Squad History:

February 1976: Liz Johnson reported that the Squad jackets should be in within two weeks. August 1976: the Squad organized a building committee to try to obtain property to build a new first aid building. October 1974: a new advanced first aid course will be held every Wednesday. June 1975: No chairs or tables are to be loaned out.

## Health Notes:

### DIABETES

**Diabetes mellitus**, often simply referred to as diabetes, is a group of metabolic diseases in which a person has high blood sugar, either because the body does not produce enough insulin, or because cells do not respond to the insulin that is produced. This high blood sugar produces the classical symptoms of polyuria (frequent urination), polydipsia (increased thirst) and polyphagia (increased hunger).

**Type 1 diabetes:** results from the body's failure to produce insulin and requires the person to inject insulin. (Also referred to as insulin-dependent diabetes mellitus, IDDM for short, and juvenile diabetes.)

**Type 1 diabetes mellitus** is characterized by loss of the insulin-producing beta cells of the islets of Langerhans in the pancreas leading to insulin deficiency. This type of diabetes can be further classified as immune-mediated or idiopathic. The majority of type 1 diabetes is of the immune-mediated nature, where beta cell loss is a T-cell mediated autoimmune attack. There is no known preventive measure against type 1 diabetes, which causes approximately 10% of diabetes mellitus cases in North America and Europe. Most affected people are otherwise healthy and of a healthy weight when onset occurs. Sensitivity and responsiveness to insulin are usually normal, especially in the early stages. Type 1 diabetes can affect children or adults but was traditionally termed "juvenile diabetes" because it represents a majority of the diabetes cases in children.

**Type 2 diabetes:** results from insulin resistance, a condition in which cells fail to use insulin properly, sometimes combined with an absolute insulin deficiency. (Formerly referred to as non-insulin-dependent diabetes mellitus, NIDDM for short, and adult-onset diabetes.)

**Type 2 diabetes mellitus** is characterized by insulin resistance which may be combined with relatively reduced

insulin secretion. The defective responsiveness of body tissues to insulin is believed to involve the insulin receptor. However, the specific defects are not known. Diabetes mellitus due to a known defect are classified separately. Type 2 diabetes is the most common type.

In the early stage of type 2 diabetes, the predominant abnormality is reduced insulin sensitivity. At this stage hyperglycemia can be reversed by a variety of measures and medications that improve insulin sensitivity or reduce glucose production by the liver.

**Gestational diabetes:** This occurs when pregnant women, who have never had diabetes before, have a high blood glucose level during pregnancy. It may precede development of type 2 DM.

**Gestational diabetes mellitus** (GDM) resembles type 2 diabetes in several respects, involving a combination of relatively inadequate insulin secretion and responsiveness. It occurs in about 2%–5% of all pregnancies and may improve or disappear after delivery. Gestational diabetes is fully treatable but requires careful medical supervision throughout the pregnancy. About 20%–50% of affected women develop type 2 diabetes later in life. Even though it may be transient, untreated gestational diabetes can damage the health of the fetus or mother. Risks to the baby include macrosomia (high birth weight), congenital cardiac and central nervous system anomalies, and skeletal muscle malformations. Increased fetal insulin may inhibit fetal surfactant production and cause respiratory distress syndrome. Hyperbilirubinemia may result from red blood cell destruction. In severe cases, perinatal death may occur, most commonly as a result of poor placental perfusion due to vascular impairment. Labor induction may be indicated with decreased placental

*Continued on Page 13*

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# Contributors to the Bulletin 2010/2011

Contributions received after the 15th of the month will appear in the next *Bulletin*.

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**Help us to fill up this page.  
Thank you for your generosity!  
Send in a contribution today.**

By Ron Filepp

*"Ah! my heart is weary waiting, Waiting for the May:  
Waiting for the pleasant rambles Where the fragrant  
hawthorn brambles, Where the woodbine alternating,  
Scent the dewy way; Ah! my heart is weary, waiting,  
Waiting for the May."*

*from "Summer Longings" by Denis Florence McCarthy*

**MARCH**

March in Roosevelt was another month with a warmer than normal average temperature. This March's average temperature was about 2 degrees higher than normal. The month was a little wetter than typical, too. About 0.40" more rain fell than normal. There was almost no snow.

Not to be outdone, the global average temperature for March was above normal, too. March 2011 was the 13th warmest March since 1880.

The *Old Farmers Almanac* says May will be cooler and drier than normal. The weather forecasting service LongRangeWeather agrees that May will be drier than average, but they predict above average temperatures. Finally, there is the Climate Prediction Center's forecast. They, as always, are ready to go out on a limb with a forecast of equal chances for above, below or normal rainfall and temperatures for the three months of May, June and July.

**Weather Word**

**BLUE NORTHER** is a Texas term that denotes a weather phenomenon common to large areas of the world's temperate zones—a rapidly moving autumnal cold front that causes temperatures to drop quickly and that often brings with it precipitation followed by a period of blue skies and cold weather.

**Weather Joke**

Q: How do you see a hurricane?  
A: With one eye.

Two thirsty cowboys came to a water hole. When the horses waded in for a drink, they stirred up lots of mud. One cowboy threw himself down between the horses and began to drink. The other, moving to the far side, asked the first one why he didn't come around and drink where it was clear.

"Don't make no difference," drawled the first one when he came up for a breath. "I aim to drink it all anyway." ■

**March, 2011**

Day	High	Low	Avg	Precip	Heating Degree Days
1	46.0	33.3	39.7	0.00	25.4
2	54.5	30.2	42.4	0.00	22.7
3	35.4	21.4	28.4	0.00	36.6
4	46.6	23.4	35.0	0.00	30.0
5	64.8	38.1	51.5	0.00	13.6
6	60.4	51.3	55.9	0.00	9.2
7	56.8	35.1	46.0	1.57	19.1
8	49.6	28.9	39.3	0.00	25.8
9	46.0	29.1	37.6	0.00	27.5
10	54.5	39.2	46.9	0.00	18.2
11	56.8	44.2	50.5	1.25	14.5
12	57.6	39.0	48.3	0.00	16.7
13	54.0	36.7	45.4	0.00	19.7
14	49.3	30.9	40.1	0.00	24.9
15	54.3	28.9	41.6	0.00	23.4
16	56.8	39.9	48.4	0.40	16.7
17	61.7	39.7	50.7	0.24	14.3
18	72.7	45.5	59.1	0.00	5.9
19	61.2	38.3	49.8	0.00	15.3
20	52.9	30.2	41.6	0.00	23.5
21	51.0	37.0	44.0	0.00	21.0
22	53.4	37.0	45.2	0.23	19.8
23	40.1	34.6	37.4	0.20	27.7
24	44.4	32.5	38.5	0.35	26.6
25	44.6	26.8	35.7	0.00	29.3
26	39.0	24.0	31.5	0.05	33.5
27	43.0	24.4	33.7	0.00	31.3
28	45.0	29.7	37.4	0.00	27.7
29	48.0	25.2	36.6	0.00	28.4
30	56.8	29.9	43.4	0.00	21.7
31	44.2	37.1	40.7	0.05	24.4
<b>Totals</b>				<b>4.34</b>	<b>693.6</b>

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## FOUR GRANDPAS (CONT'D.)

*Continued from Page 8*

vegetables and fruit. He bought from Del Monte and Hunt's at 1¢ per can and sold to corner groceries for 1.8¢. His constant advice was, "Save your money." He said, "If, this week, you earn \$20, and you spend \$20.05, you are in ruin, and no man can save you. But if you earn \$20, and spend \$19.95, you are a rich man, and above all reproach, and no man can say anything against you."

He had been born into a horse-drawn world, and he never learned to fully trust cars. He called them "machines".

"I'm going to the market in The Machine", he would say to Grandma.

"Be careful, Aaron," she would say. The supermarket was three minutes away by car. Forty or fifty minutes later, he would return with a quart of milk, looking like he had fought his way up and then back down Hamburger Hill. It was worth my life to ride with him. Not for fear of injury—he caused collisions, he didn't participate in them—but rather for fear I'd kill myself in his front seat. I remain convinced that he was single-handedly responsible for the minimum speed limit on the Pittsburgh expressway. At least, he was the only person I knew of who was ticketed for violating it.

He was always available for consultation. A quietly pious man, he distrusted evangelists. One time, I worked for a guy who sprinkled his conversation with Biblical quotes and spoke regularly of god-fearing behavior in business. I mentioned him to Grandpa. He thought a moment, and then said, "Just keep one hand on your wallet."

He lived simply, but not frugally. He spent minimally. But when it was called for, he went all out. In 1959, NBC began broadcasting in color. "Bonanza" was their first color offering. Grandpa bought a 21-inch set built into a cherry-wood lowboy, what

was called a 'console' TV, for \$500. Not only that; it had a remote control. The size of a brick, it had 16 rows of two buttons each. I can't imagine what they were all for.

When Viking 1 landed on Mars in July, 1976, we had to wait until after 9 p.m. to see the first image transmissions. I didn't know if he'd still be awake, usually he was in bed by then, but I had to call him.

He was watching. "Grandpa. What do you think?"

"Fantastic," he said. "Absolutely fantastic."

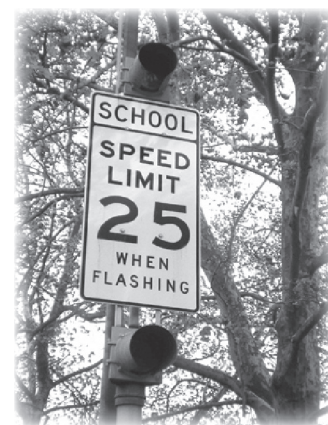
A profoundly conservative man, Grandpa taught me to roll with the punches. When the pharmacist-turned-wholesale-grocer was 'retired' by the Teamsters in the early 50's, he sold off his stock of canned goods and bought stock in AT&T. He learned the stock market. Each morning he would get into The Machine (until he was ticketed; thereafter, he took the bus) and pilot his way to the brokerage office and watch the tape. Slowly, prudently, he did far better financially in retirement than he did when he had his business. He remained active well into his nineties. For several years, he raised vegetables in his backyard, most of which was a paved driveway. In a flower-garden sized patch of practically sterile earth, he grew tomatoes, gherkin cucumbers, lettuce, and one year even corn. All of them dwarfed by the aridity of the soil – the corn ears were about six inches long – they were nevertheless extolled by all the family. A season's harvest made the basis for a tremendous chef's salad.

### Epilogue

Harry Miller had siblings. One sister, Sarah, kept in touch with Grandma, because she didn't want to lose contact with my mother, her niece. Aunt Sarah attended all our weddings, bar mitzvahs, and funerals. In 1983, she

suggested to Grandma that while neither of them was senile – she meant soon – she gather as many Millers as she could in a restaurant in Baltimore and have a reunion. And so one weekday afternoon I walked in to a large dark room, blinded by the parking lot, holding my mother's hand and my daughter's hand. Around a table that had been made by pushing other tables together were about 28 people, half of whom looked exactly like my mother from the nose up. They were happy, bright, educated; they had my sense of humor; they were easy to talk to, easy to be with. For three hours, I reveled in the company of these people I'd always known but never met, with whom I shared things that need not be spoken. In the end, phone numbers and addresses were exchanged, and we parted with warm hugs and tears.

I've never spoken with any of them since. ■



**Please obey  
the posted  
speed limits  
in town.**

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# ROOSEVELT ARTS PROJECT 2010 - 2011 Season

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May 14, 8:00 p.m., Borough Hall

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## FIRST AID NEWS (CONT'D.)

*Continued from Page 9*

function. A cesarean section may be performed if there is marked fetal distress or an increased risk of injury associated with macrosomia, such as shoulder dystocia.

Other forms of diabetes mellitus include congenital diabetes, which is due to genetic defects of insulin secretion, cystic fibrosis-related diabetes, steroid diabetes induced by high doses of glucocorticoids, and several forms of monogenic diabetes.

### SIGNS AND SYMPTOMS:

Overview of the most significant symptoms of diabetes.

The classical symptoms of diabetes are frequent urination, increased thirst and increased hunger. Symptoms may develop rapidly (weeks or months) in type 1 diabetes while in type 2 diabetes they usually develop much more slowly and may be subtle or absent.

Prolonged high blood glucose causes glucose absorption, which leads to changes in the shape of the lenses of the eyes, resulting in vision changes; sustained sensible glucose control usually

returns the lens to its original shape. Blurred vision is a common complaint leading to a diabetes diagnosis; type 1 should always be suspected in cases of rapid vision change, whereas with type 2 change is generally more gradual, but should still be suspected.

People (usually with type 1 diabetes) may also present with diabetic ketoacidosis, a state of metabolic dysregulation characterized by the smell of acetone; a rapid, deep breathing known as Kussmaul breathing; nausea; vomiting and abdominal pain; and an altered state of consciousness.

A rarer but equally severe possibility is hyperosmolar nonketotic state, which is more common in type 2 diabetes and is mainly the result of dehydration. Often, the patient has been drinking extreme amounts of sugar-containing drinks, leading to a vicious circle in regard to the water loss. A number of skin rashes can occur in diabetes that are collectively known as diabetic dermadromes.

Jack Rindt, EMT-D  
Captain  
Roosevelt First Aid Squad  
FMFD7568@verizon.net ■

**Please check the numbers posted on your house to make sure that they are large enough and colorful enough so Emergency Services and State Police can see them from the road.**

**There are many houses in town that do not have numbers or cannot be seen from the road especially at night.**

**REMEMBER,  
IF YOU NEED HELP  
DIAL 911**

## Celebrate Spring with a Cake



Being the Spring Holidays are upon us I thought it fitting to celebrate with cake.

This is a recipe I've been making for years now. I don't like overly sweet cake, so I half the sugar in the recipe and often times top it with a cream cheese/confectioners-sugar icing or glaze.

4 C whole wheat flour  
 1/2 C each granulated and light or dark brown sugars  
 1 1/2 tsp salt  
 4 T ground cinnamon  
 1/2 tsp ground clove  
 1/4 tsp ground cardamon or 4 pods crushed  
 1/4 C whole flax seed

2 tsp baking soda  
 4 T baking powder  
 3/4 C chopped walnuts optional  
 1/2 C chopped raisins optional  
 2 lbs. grated carrots  
 1 C canola oil  
 1/4 C water if necessary

Preheat oven to 325 degrees and grease a bundt or two standard cake pans.

Mix dry ingredients till well blended in a large bowl. In a separate bowl mix carrots and oil, add wet to dry.

If batter is too dry add water to loosen. Batter will be thicker than cake.

Pour into the pan & bake for 1 1/4 hour, test if done with a pick inserted in center, coming up dry. ■

T = tablespoon    tsp = teaspoon    C = cup

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The Bulletin publishes free-of-charge public information listings from Roosevelt residents and business, and from those in the immediate vicinity with ties to Roosevelt. Write: Roosevelt Borough Bulletin, Box 221, Roosevelt, NJ 08555. Contributions are appreciated and are tax-deductible (suggested: \$50.00/year, \$60.00 if over 5 lines.) Deadline is the 15<sup>th</sup> of each month.

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**MAY**

May 3 – 6	Teacher Appreciation Week
6 Fri.	PIZZA /DAY RPS
7 Sat.	Plant Sale, PTA, Bill Felong, President, 448-8728
8 Sun.	10:00 a.m. Roosevelt First Aid Squad, Training, Jack Rindt, President, 448-9475
9 Mon.	7:00 p.m. Council Action Meeting, Borough Hall, Beth Battel, Mayor, 448-7701
10 Tues.	12:30 p.m. Blood pressure check, Borough Hall 1 :00 p.m. Seniors Meeting, Borough Hal Pat Moser, President 448-4865 7:30 p.m. Planning Board, Borough Hall, Jane Rothfuss, Chair, 448-3713
10 Tues.	Last day to register to vote in June 2 primary; contact Borough Hall, 448-0539 or Ann Baker, 443-8780
11 Wed.	RECYCLE 
14 Sat.	8:00 p.m. Roosevelt Arts Project, Music E-vent, Brad Garton, Borough Hall (see page. 13)
17 Tues.	8:00 p.m. First Aid Squad Business Meeting, Jeff Klein, President 448-0509
18 Wed.	Environmental Commission, Dave Schwendeman, Chair, 443-6204
20 Fri.	PIZZA DAY RPS
23 Mon.	7:00 p.m. Council Action Meeting, Borough Hall, Beth Battel, Mayor, 448-7701
25 Wed.	RECYCLE 
26 Thurs.	7:30 p.m. Board of Education, RPS Library, Natalie Warner, 448-2913
30 Mon.	School Closed, Memorial Day

**JUNE**

3 Fri.	PIZZA DAY RPS
6 Mon.	12:30 p.m. Blood pressure check, Borough Hall 1 :00 p.m. Seniors Meeting, Borough Hall Pat Moser, President 448-4865
7 Tues.	Primary Election Day, polls open 6 a.m. - 8 p.m. RPS Early Dismissal, Field Day 7:00 p.m. PTA Meeting, Bill Felong, President, 448-8728
8 Wed.	RECYCLE  RPS Early Dismissal, Professional Development Staff
11 Sat.	RPS Graduation
12 Sun.	10:00 a.m. Roosevelt First Aid Squad, Training, Jack Rindt, President, 448-9475
13 Mon.	7:00 p.m. Council Action Meeting, Borough Hall, Beth Battel, Mayor, 448-7701
14 Tues..	7:30 p.m. Planning Board, Borough Hall, Jane Rothfuss, Chair, 448-3713
15 Wed.	7:30 p.m. Environmental Commission Meeting, Borough Hall, Dave Schwendeman, Chair, 443-6204
15 -16	Early Dismissal RPS
17 Fri.	Early Dismissal, Last Day for Students
21 Tues.	8:00 p.m. First Aid Squad Business Meeting, Jeff Klein, President 448-0509
22 Wed.	RECYCLE 
23 Thurs.	7:30 p.m. Board of Education, RPS Library, Natalie Warner, 448-2913
27 Mon.	7:00 p.m. Council Action Meeting, Borough Hall, Beth Battel, Mayor, 448-7701
TBA	Luncheon for Staff who are PTA members, Bill Felong, President 448-8728

Please send notice of your events to Ann Baker at P.O. Box 308 or e-mail to abncpcm@comcast.net or call 609-529-4829