

Volume 37 Number 2

BOROUGH COUNCIL NEWS

By Michael Ticktin

Council Approves Amendment to Cemetery Ordinance and Contract for Real Property Data Collection and Verification Services; Residents Urged to Cooperate in Avoiding Damage to the Sewage Disposal System

At its October 15 meeting, the Council approved an ordinance amending the ordinance governing the municipal cemetery to allow the parents of a child who was 21 years of age or younger and is buried in the cemetery to reserve the spaces next to the child's grave, when at least one of the parents has served the community as a member of the School Board, Council or a municipal board or commission. This action was taken in response to the desire of Rod and Mary Tulloss to have assurance that they would some day be able to be buried alongside their daughter Sarah, whose tragic death was mourned by the community last year. Though it is not required by ordinance, the Borough has customarily left space for people to be buried next to the plots where their spouses are buried.

Also at the October 15 meeting, the Borough approved a contract to Realty Data Systems, the company that conducted the last municipal revaluation in 2006, to perform real property data collection and verification services covering 20% of all properties annually. The Borough is required to enter into a contract with a revaluation firm

approved by the Division of Taxation under the new Real Property Assessment Demonstration Program that is in effect in Monmouth County. Using the information obtained in the 20% sample, Assessor Donna Taylor will have authority to make annual changes to the tax rolls for entire municipality, thus keeping valuations current and avoiding the need for periodic revaluations.

Councilman Tom Curry provided the Council with photographs of damage done by vandals to brickwork at the FDR Memorial Amphitheater. A claim has been submitted to the Borough's insurance carrier, with the intention that all repairs be completed prior to school graduation ceremonies being held there.

The October issue of the Bulletin included an insert from the Council asking residents to cooperate in making sure that nothing other than bodily waste and toilet paper be flushed into the sewage disposal system. Our sewage disposal system, like those elsewhere, is unable to process

Continued on Page 3

School News 4 Weather 13 9 11 Senior News Roosevelt Arts Project Rescue Squad News 6

ISSUE INSIDE ΤΗΙS

ANNOUNCEMENTS

Welcome to the 37th edition of the Roosevelt Borough Bulletin. There will be ten issues running from October 2013 through September, 2014. We will not publish in January and August 2014. We welcome your emailed submissions for articles, letters, poems,

We welcome your emailed submissions for articles, letters, poems, artwork, and other items of interest. Non-digital submissions will be accommodated to the best of our ability, but we cannot guarantee publication. Inclusion of all items is subject to the availability of space and the editorial judgment of our Editor. Items must be received by the 15th of the month to be included in the next issue.

We will do our best to make the Bulletin both informative and interesting with the help of our devoted writers and production people.

If you want to **CONTACT THE BULLETIN**, please look at our masthead to the right with our address as shown.



Please report any bear sightings to: State Bureau of Wildlife Management Kim Tinnes, Wildlife Control 609-259-7955

The **MEALS ON WHEELS** program delivers prepared meals to Roosevelt seniors who need this assistance. Though meals are provided free of charge to recipients, the cost to the program is \$2.50 per meal. Donations to help cover these costs may be sent to Interfaith Neighbors, 810 Fourth Avenue, Asbury Park, NJ 07712.

SENIOR CITIZENS: There is a S.C.A.T. bus provided by Monmouth County Division of Transportation that comes to Roosevelt on Wednesday mornings at 9:00 a.m. and will take you shopping to ShopRite in East Windsor. The bus will pick you up at your home, you spend 1 ½ hours shopping, and the bus will take you home and leave your groceries at your door. There is no charge to you for this service.

If you wish to go, you must call the SCAT bus <u>Tuesday no later than</u> <u>3:00 p.m.</u> at 732-431-6485 and press 1. Give them your name, address, and the town you are from, and your interest in going on Wednesday, the next day.

Roosevelt Open Studio

Roosevelt School Art Room Tuesdays 7 p.m. - 10 p.m. Open for Roosevelt Residents over 15 Contact: Ellen Silverman, Home phone 609 490 0557 Cell phone: 609 865 7396

An archive of all past issues of the *Bulletin* can be found online at www.mazicmusic.com/rbb.htm, courtesyofMarkZuckerman.Current and recent issues can also be found online at www.boroughbulletin.org., the official website of the *Borough Bulletin* that is maintained by *Bulletin* Trustee Bob Francis. To have the *Bulletin* sent to you by email, please go to www.boroughbulletin.org and press the "Push Here to Sign Up for *Bulletin*" button.

Correction

Due to an editing error, the article In Memoriam for Pearl Seligman was inappropriately placed in the Letters section of the Bulletin. The article is republished in this edition. The editors apologize for the mishandling of this item. The *Roosevelt Borough Bulletin* is published monthly except August and January by Roosevelt Borough Bulletin, Inc. P.O. Box 221, Roosevelt, NJ 08555

BOARD OF TRUSTEES

Bob Clark, Bob Francis, Mary Macher, Kevin McNally, Michael Ticktin

EDITOR

Michael Ticktin

EDITOR EMERITUS

Bess Tremper

MANAGING EDITOR Rick Pressler

RICK I TESSIET

TREASURER

Kevin McNally

CONTRIBUTING WRITERS

Beth Battel Ron Filepp Ron Kostar Ilene Levine Mary Macher Jack Rindt Michael Ticktin

BUSINESS

Kevin McNally

PRODUCTION

Louise Baranowitz Ginny Edwards Ron Filepp Judith Goetzmann Ben Johnson Florie Johnson Geraldine Millar Eleanor Pedersen Bess Tremper Mary Tulloss

GRAPHIC DESIGN

Leo Gordon

WEB MASTER Bob Francis

A R T W O R K Breaking Bread and Calendar Art by Shan Ellentuck

Roosevelt Borough Bulletin, Inc. is a New Jersey Non-Profit Corporation



From the Mayor

Dear Neighbors,

We all bemoan the amount of our Water/Sewer rates, but the problem is we are a limited number of rate-payers trying to keep a 75-year-old system functioning efficiently. Yes, we have a high iron rate that sometimes discolors the water, but it is sanitary and safe to drink.

Everyone in town can help to keep down unnecessary expenses by doing everything possible not to stress the system further. The "Flushable Wipes" sold under different manufacturer's names are a leading cause of problems in the lift stations and the sewer processing plant. Please refrain from throwing these and other products down the toilet. Only human waste and toilet paper should go down the drain. Thanks for your help! I'm sure we are all very grateful that this season did not give us any storms like the previous two years. The funny thing is; my biggest memory of Sandy was how nice it was to have the community all come together at the Borough Hall for the following week. People brought food, books, art supplies, playing cards and themselves for a weeklong gathering. (I know, there was a lot of hardship and discomfort—the cloud inside the silver lining—so I'm being selective in my memory, but it was nice).

Enjoy the fall!

Beth

By Elsbeth Battel

BOROUGH COUNCIL NEWS (CONT'D.)

Continued from Page 1

anything that does not dissolve in water, including so-called "flushable" wipes. Utility Plant Operator Toby Moore has reported finding washcloths, wipes, disposable diapers, hygiene products, etc., in the equipment, which is thereby rendered inoperable until it is cleaned out. Councilman Jeff Ellentuck, chairman of the Utilities committee, emphasized that unnecessary repairs and extra maintenance add to the already very high cost of operating our utilities. The Council will continue to monitor this situation and hopes to see improvement.

Councilman Ralph Warnick, chairman of the Environment, Health and Safety committee, reported that Roosevelt is currently the only municipality in Monmouth County that is in full compliance with a program of the Monmouth County Office of Emergency Management (MCOEM) to gather information required by Federal Emergency Management Agency (FEMA) and that Roosevelt's Emergency Management Plan has been approved by the MCOEM.

THE ROOSEVELT BOROUGH BULLETIN

is distributed free-of-charge to Roosevelt residents. We look forward to and appreciate contributions which are <u>very much</u> needed to keep our publication going. Contributions are tax deductible

PLEASE NOTE: Due to postal regulations we can only ask for "donations" rather than "subscriptions" from out-of-towners who wish to receive the BULLETIN.

We will be pleased to continue sending them the BULLETIN when we receive their contributions which, of course, can be for the same amount (or more) as in the past.

In order to save on postage, we would encourage non-residents who have computers to subscribe to the *Bulletin* online at www.boroughbulletin.org in lieu of receiving a paper copy. Donations from readers, wherever they may be, and regardless of the medium in which they read the *Bulletin*, are still very much welcome, since we could not publish without your support.

PLEASE SEND IN A CONTRIBUTION TODAY. *WE NEED YOUR SUPPORT.* Please send contributions to: Roosevelt Borough Bulletin, Inc., P.O. Box 221, Roosevelt, NJ 08555

SCHOOL NEWS From the Office of Interim CSA/Principal

Another academic year has arrived and it has been great working with staff, parents, community members and, most of all, the children of Roosevelt. A key role of an Interim CSA/Principal is to ensure that the educational programs and basic operations of a school district run smoothly during transitional periods and to facilitate a smooth transition to the new school leader. In a small, one-school district such as Roosevelt, this is accomplished through the combined efforts of caring individuals working together to create the best learning environment for our students.

During the summer months many individuals have been preparing for the opening of Roosevelt Public School. Office staff members have been busy updating student records, processing supply orders, and preparing the numerous documents that are sent home during the first few days of school. The administration worked to construct schedules, interview personnel, establish school protocols, review procedures, and prepare state and budget reports. Custodial and maintenance personnel have been cleaning, painting, and performing basic repairs throughout the building. Teachers busily prepared classrooms and lessons for the arrival of their students on September 9th.

There are many new people to welcome into our school. These include staff members Suzanne Swinarski (Technology Teacher), Wendy Witlieb (Art Teacher), Katheryn Lawson (Instructional Aide), and Dara Lakshminarayanan (School Library Media Specialist). As part of a shared services agreement with the Millstone Township School District, Bernard Biesiada will assume the role of School Business Administrator/Board Secretary and Andrew Polo will serve as the school Accountant. We have also welcomed new students to our classrooms as part of the Interdistrict Choice Program.

The start of school is an exciting time for the entire school community and a new year presents opportunities to implement innovative ideas as well as continue successful strategies. And as many of you know, Mary Robinson Cohen will be joining us shortly as the new permanent CSA/Principal. Throughout these changes and transitions, you can be assured that the district will continue to provide the students of Roosevelt Public School with an excellent education in a safe, nurturing environment throughout the 2013-2014 school year.

Terry Hamilton

Roosevelt Students Can Attend a Top-Ranked U.S. High School – For Free!

Students in Monmouth County are eligible to apply to any one of five full-time specialized high schools, two of which – High Tech High School in Lincroft, and Biotech High in Freehold – are ranked among the best schools in the nation by U.S. News and World Report as well as Newsweek. The career academies are part of the Monmouth County Vocational School District (MCVSD), which accepts qualifying students who are full-time residents of Monmouth County. Interested middle school students should attend a scheduled information session sponsored by MCVSD, where they can receive application materials.

The five academies in the MCVSD system are: Academy of Allied Health and Sciences (Neptune); Biotechnology High School (Freehold); Communications High School (Wall); High Technology High School (Lincroft); and Marine Academy of Science and Technology (Sandy Hook).

The deadline for admission is early December. Applicants must attend one of the scheduled information sessions in Sept-Nov in order to be considered eligible.

In addition Roosevelt students can attend Hightstown High School for ½ day and then attend one of two vocational schools: Career Center in Freehold (Freshman through Senior Year) or Mercer County Technical Schools (Junior and Senior years).

To learn more about upcoming information sessions and the application process, visit the Monmouth County Vocational School District website at www.mcvsd.org.

Bess Tremper celebrated her 100th birthday in September. Happy Birthday Bess!

BOARD OF EDUCATION NEWS New Roosevelt Chief School Administrator/ Principal starts November I

Mary Robinson Cohen, Assistant Principal at South Hunterdon Regional High School, has been named Chief School Administrator (CSA) of Roosevelt Public Schools, Roosevelt Board of Education announced at a special board meeting on September 30, 2013. A small pre-K through sixth-grade district in a historically designated community, Roosevelt is in northwest Monmouth County, situated between Millstone, East Windsor and Hightstown.

Robinson Cohen will take over the leadership of the district on November 1 from Theresa Hamilton, who has served as interim CSA for the district since July of this year. Robinson Cohen's contract with the district is through June 30, 2017, to be renewed for 3-5 year terms after 2017.

"The board is very pleased to appoint Ms. Robinson Cohen as the new leader of our district," said Board of Education President Natalie Warner. "She's had experience in curriculum, staff development as well as many years of teaching. In addition – and this is very significant for Roosevelt – she understands the culture and needs of a small district like ours."

As Assistant Principal in South Hunterdon Regional High School since 2009, a district that has the smallest middle and high school in the state, Robinson Cohen served as the Director of Curriculum and Instruction and Supervisor of Guidance. From November 2012 until June 30, 2013, she also served as Acting Principal of the school.

At South Hunterdon Regional, Robinson Cohen also played a strong role in the growth of the district's Choice program. South Hunterdon Regional, like Roosevelt, is part of the Interdistrict Public School Choice program, which was launched by the New Jersey DOE and enables participating districts to enroll students who do not reside within their district with no cost to their parents.

"I am delighted to join the Roosevelt community," said Robinson Cohen. "As a former history teacher, I have been aware of the historical significance of Roosevelt for a long time. I am looking forward to meeting the students, staff and residents of Roosevelt and learning more about the history and the vision that the community holds for the future. I hope that this will be the beginning of a long collaboration in which we all work together to maintain the traditions that make this such a wonderful community while preparing students to achieve academic excellence and a lifelong passion for learning."

Ms. Robinson Cohen completed her undergraduate and masters degrees at Bryn Mawr College, where she lived in the dormitory designed by Louis Kahn, who also designed the houses of Roosevelt. She received her JD from the University of Pennsylvania's Law School and school administrator certification from the University of Pennsylvania's Graduate School of Education. Ms. Robinson Cohen holds certification in Elementary Education Secondary Social Studies. and Originally from Brooklyn New York, she and her husband, Robert, live in Princeton and have two children

The Board invites you to come meet Ms. Robinson Cohen on Saturday, November 2nd at RPS during the PTA's Chili Cook-off.



To educate and inspire all students to excel academically*, to become independent and creative thinkers, skillful communicators and lifelong learners. Roosevelt Public School nurtures and challenges the unique potential of each student so that our children will develop individual, social and civic responsibility as well as respect for themselves, each other, and the environment.

*to achieve or exceed N.J. CCCS at all grade levels



Each month the Roosevelt Board of Education is going to submit an article to keep the public apprised of Board goals, decisions, and activities

RESCUE SQUAD NEWS

The First Aid Squad has responded to 127 emergency calls from January 1 to September 30, 2013. For June the Squad responded to, in Roosevelt 1 head injury, 1 seizer and 1 falls. In Millstone Twp. 2 overdoses, 1 respiratory distress, 1 diabetic emergency, 1 fall 3 emergency transport, 1 crisis, 1 cardiac, 1 leg and 1 head injuries. In Freehold Boro & Twp. 1 fall and 1 head injury.

On Sunday September 8th the Squad held its annual picnic. The Captain from the Millstone attend.

We would like to thank all the residents of Roosevelt in there generous donations to the Squad. Without your support we could not operate. Thank You!!!

If any one wishes to make a donation, you can send it to the Roosevelt First Aid Squad at P.O. Box 274, Roosevelt, NJ 08555. Remember, all donations are tax deductible and greatly appreciated.

We are always looking for new members. We will pay for the basic training that is needed. If anyone is interested please contact any Squad member or stop in during our training for an application. If you would like to join or receive information about becoming an EMT please e-mail rooseveltfirstaidsquad@yahoo. com and now we are on facebook.

Health Notes: Are gastrointestinal or GI conditions different for men and women?

There are definitely some differences, and part of the reason is probably related to basic physiology. One of the most common GI conditions is irritable bowel syndrome, or IBS. For years, we've known more women than men have IBS, though that distinction might have been overplayed because men and women may deal with it differently. A man may just say, "I'm going to tough it out," and a woman may say, "I'm going to go to my doctor and see what's going on." So it looks to the doctor that women have more IBS, but that may not be the case.

Beyond that, there is likely some difference due to the way the muscles work in men and women. Think of the GI tract as a long tube from your mouth all the way down to the rectum, surrounded by muscles that are contracting all the time. Along the way are your stomach and other organs. There are studies suggesting that GI muscle motility is a bit slower in women than in men, and this is even more, true when IBS is present.

If the muscles are moving really quickly in people with IBS, they get diarrhea. If the muscles are moving very slowly, they get constipation, and if the muscles are going into a spasm, they get pain. The slow muscle form is very common, but it's much more common in women than in men.

Inflammatory bowel disease, or IBD, is fairly common in both men and women. The bowel lining gets inflamed and damaged, causing abdominal pain, diarrhea, and sometimes bleeding. Doctors think the two types of IBD – Ceohn's disease and ulcerative colitis – are autoimmune diseases. You're probably born with some sort of a genetic predisposition, and then something triggers an immune reaction -- whether it's some unusual infection or something dietary, we just don't know.

Which GI disorders are on the rise?

There's been a recent explosion of GERD, or gastroesophageal reflux disease, and nobody really has a good explanation why. Clearly our diet has something to do with it. We weigh more as a population now than we did five or 10 years ago.

There's also a big uptick in the number of people diagnosed with celiac disease, and it's probably not so much on the rise but just being recognized more. Celiac is an autoimmune condition, meaning your body's immune system is sort of turning against itself. And the trigger for that is gluten, a protein in wheat and many other grains. If you have celiac disease, eating gluten causes your own antibodies to attack your bowel. People of Mediterranean descent and children seem to develop celiac disease more than other people. But what's been recognized recently is older people get it as well, with symptoms like constipation, diarrhea, bloating, and abdominal pain -- all of which look very much like IBS.

Are IBS and GERD preventable?

Prevention is really tough. They're both extremely common conditions, and gastroenterologists are often trying to treat them once they're already established.

Most people are not aware that smoking cigarettes doesn't just have a bad effect on your heart and lungs but also on acid secretion. It tends to cause a lot more acid to come into your stomach.

Also, stress clearly plays a major role in most, if not all, GI disorders. When you're stressed, hormonal changes cause your stomach to produce more acid. And more acid can mean more acid reflux. IBS can also be stress-related. So controlling and managing stress is helpful. And for acid reflux, keeping your weight under control is critical because gaining weight can cause GERD.

Are there alternative methods or promising new treatments?

Focusing on stress management, exercise, and weight loss and diet are not exactly alternative treatments, but I think they are certainly a key part of treating all these conditions.

Another area is moving from alternative to mainstream is the use of probiotics: healthy germs in your digestive system. One of the main places we have healthy bacteria is in our colon, so if something interferes with those, you end up with problems with digestion -- constipation, diarrhea, or abdominal pain. Now we know there are some things that probiotics may be extremely helpful for -- including treating IBS.

Acupuncture is an alternative treatment that's probably going to become more accepted for treating GI disorders, including conditions like IBS. It's a little complicated, because for whom it works -- and the mechanism for how it works -- is unclear. Acupuncture definitely works for some folks as more than just

RESCUE (CONT'D.)

Continued from Page

stress reduction, though it certainly helps with that, too.

GI issues affect emotional and social health, not just physical. What can be done?

Which is more important? A cardiologist? A neurologist? Or a gastroenterologist? The bottom line is, if you're constipated, nauseated, having abdominal pain or diarrhea, it doesn't matter if everything else is working -- you're still going to be miserable.

Every day who have major emotional issues and major bowel issues; there's just a very tight connection between the two. Part of it is pointing out the connection, part of it is listening, part of it is looking for things that help in both areas -- like stress management and exercise -- and part of it is sometimes helping you recognize there may come a time when you don't just need a gastroenterologist, you also need a psychologist or a psychiatrist to help you manage these things. If your GI tract is not happy, it's very hard to be a happy person.

There are still houses in town that do not have house numbers or the numbers are too small to see from the street or they are dark numbers on a dark house. Please check the numbers posted on your house to ensure that they are large and colorfully enough so emergency services and State Police can see it from the road. There are many houses in town that does not have numbers or cannot be seen from the road especially at night.

Remember if you need help please "Dial 911".

Jack Rindt, EMT, Captain Roosevelt First Aid Squad rooseveltfirstaidsquad@yahoo.com



First Annual Town Hayride

The Roosevelt Volunteer Fire Company ran their first annual Town Hayride on Sunday, October 20th. More than 60 citizens turned out to enjoy the beautiful weather and take a hayride around town, all while supporting our growing Fire Company.

Thanks to all who joined us, and all of our volunteers for a great day! Special thanks to George Asprocolas and Gade Reddy for the use of the hay wagon and straw bales, and to the East Windsor Home Depot, East Windsor Walmart and West Windsor SAMs Club for their generous donations that helped make this event a success!



The Roosevelt First Aid Squad

is a totally volunteer organization.We do not charge for our services, we rely on donations to operate.

When Paramedics arrive and treat the patient then you will receive a bill from the Paramedic company.

We would like to thank all the residents of Roosevelt in there generous donations to the Squad. Without your support we could not operate. Thank You!!!

If any one wishes to make a donation, you can send it to the Roosevelt First Aid Squad at P.O. Box 274, Roosevelt, NJ 08555. Remember, all donations are tax deductible and greatly appreciated.

We are always looking for new members. We will pay for the basic training that is needed. If anyone is interested please contact any Squad member or stop in during our training for an application. If you would like to join or receive information about becoming an EMT please e-mail rooseveltfirstaidsquad@yahoo.com and now we are on facebook.



To my fellow Rooseveltians,

Hi. My name is Stuart Kaufman; everyone who knows me calls me Stu. I have lived on South Rochdale Ave. for 27 years. I am a Write-In candidate for an open Council seat. My neighbors and some present Council members have asked me, and given me their support, to run for Council.

So why me? I guess the answer is I have previous experience. I served on the Council for two terms, during which I was responsible for million dollar road reconstruction projects financed by DOT(Dept. Of Transportation) grant money. It was a hands on, down in the dirt, lesson on road construction. The street projects included Tamara Drive, S. Rochdale Ave., Brown St., Farm Lane, Pine Drive, N. Valley Rd. and Eleanor Lane. I was a participating member of the committee overseeing 2.5 million dollars of sewer plant reconstruction and sewer line replacement projects and half a million dollars of water plant upgrades. It was a nutsand-bolts lesson on how our water and sewer system functions. I came away from this experience with a good working knowledge of the dynamics of running a utility and the costs of running a utility. I was the very first Chair of Roosevelt's fledgling Environmental Commission, and secured grant monies for our first Environmental Resources Inventory report.

Over the years Roosevelt has gone through a lot of changes. People I knew have sold their houses and new faces I don't know yet have moved in. Home owners have changed and modified the look of original Roosevelt houses to create a Roosevelt where no two houses look alike for the most part, kind of a architectural patch work quilt. The real challenge for Council members is to deal with today's problems and somehow anticipate Roosevelt's future needs.

I would like to finish by saying if elected I will continue to be available to the public as in the past—a go-to person on the Council when you have an individual problem and need the ear of our Council. Other than what I have stated, I have no agenda or preconceived ideas of what I can do for the Council.

Thank you for taking the time to read my article. I hope you will write in my name for Council on Election Day.

Stu Kaufman

Dear Roosevelt Environmental Commission,

Thank you for helping me raise money to help save the winter home of the Kentucky warbler in a Costa Rican forest. The "Change 4 Change" drive with the Environmental Commission raised \$36.18. Thank you so much, Environmental Commission.

I never got to do the coffee sale because it was hard to find a rainforest-friendly coffee to sell, and I ran out of time. But I did do other fundraising things: I did a loose change drive at Roosevelt Public School, I sent letters to friends and family, did some yard work at home, and sold some of my old books. You helped me raise \$766.25 in total. \$700 went to the "Friends of the Children's Eternal Rainforest" to buy and protect a half acre of that forest in Costa Rica. The other \$66.25 was split between two other organizations that helped me and sent me information (Environment for the Americas/International Migratory Bird Day and Foundation for Wildlife Conservation/Birds without Borders).

Thanks to you, there is half an acre of tropical rainforest that will be saved forever, and the Kentucky warbler will have a place to go in the winter.

Thank you,

Sincerely,

Iain Lowrie of the 6th grade



Kentucky Warbler

RECYCLING DATES: November 6, 20 December 4, 18

Roosevelt Seniors Organization

By Bob Francis

Nomination of Officers:

President	Margaret Schlinski
Secretary	Helen Barth
Treasury	Allen Newrath

Our monthly meeting will be Monday, November 4th, at noon at Borough Hall because Tuesday is general election time. (Get out to vote for your favorite defunct government.)

Things you've missed: in September we had an entertainer singer; in October a potluck lunch, bingo with prizes, a Chinese auction, and much more fun.

Our November meeting theme will be games day. Come out to enjoy a favorite game with friends and neighbors. Have your blood pressure checked, plan our next outing for November, have snacks, coffee, soda and much more.

December monthly meeting will be Tuesday the 3rd.We will hold our annual board elections and plan for the holidays.

All meetings are at noon at the Borough Hall. Contact our President Margaret Schlinski for more information.

Sisterhood of Roosevelt to Sponsor Tricky Tray

The Sisterhood of Roosevelt is sponsoring a Tricky Tray Saturday evening, November 16, 2013, at the Roosevelt Synagogue, 18 Homestead Lane in Roosevelt. Doors open at 6:30 p.m. Calling will begin at 7:30.

Advance sales of tickets are \$10 per person; at the door \$12 each. Coffee and cake are free with admission. Soda and water are available for \$1.00 each.

Call Karen (609) 426 1560 for more information.

HOUSE FOR SALE IN ROOSEVELT BY OWNER \$299,000

DETACHED, FACES WOODED LOT, BACKS ON TO GREEN SPACE 3 BEDROOMS, DOUBLE LIVING ROOM, FIREPLACE NEW WINDOWS, ENLARGED FRONT HALL/STUDY WORKROOM/STORAGE ROOM ADDITION Call: 732-647-5947/609-448-9557

It is getting dark earlier . .

If you walk after dark, please wear light-colored clothing, or wear some reflective gear, or at least carry a flashlight.

Remember to walk facing traffic, not with the traffic coming at your back.

SEE AND BE SEEN!

Memoriam

Pearl Seligman

By Jessica Hecht

Pearl Seligman died peacefully at her home on Wed., Aug.7, just a couple of weeks short of her 91st birthday. She was cared for at home by her niece, Melissa Branco.

Pearl was one of the last of the original Roosevelt residents, having moved to the town as a teenager with her parents and younger brother in the 1930s. She loved Roosevelt and, except for a couple of years in California and England, she spent the rest of her life here.

Pearl's life was characterized by her sharp intellect and love of argument and the written word, as well as her keen artistic sense and talent, which she expressed in her collections of folk art from around the world, her sewing creations from her huge collection of textiles, and her own drawings. Pearl also loved children, and many Roosevelt residents of a certain age may remember spending hours in her brightly decorated home, drawing or writing under her cheerful supervision. She even had a printing press, way back in the 60s, and could create amazing brightly colored images of everything from kids' illustrated poems and stories to political flyers.

Pearl held many interesting jobs throughout the years, from working for Columbia Records to writing product manuals for Creative Playthings to running the Trenton State Museum Gift Shop. She was also a passionate political activist and proudly served as a delegate for George McGovern at the 1972 Democratic National Convention. Until the last few weeks of her life, when the world began to lose its relevance to her, the sound of MSNBC or CNN could always be heard on her TV.

Pearl is survived by her brother Josh Hecht and his wife Donna; her niece Jessica and her husband Jeff; and her nieces Melissa and Rebecca. Her husband, Ralph Seligman, died in 2011.

Memoriam

Patricia Elizabeth Moser

By her grandson, Tyler Willis

Ms. Patricia Elizabeth "Nana Pat" Moser passed away on Sunday, August 4, 2013, at the age of 80, at her daughter's home in Browns Mills. Pat was born on September 9, 1932, in Birkenhead, England, the daughter of Leslie Lowry and Eileen Purnell. She moved to the United States in the 1950s and had seven daughters: Laura, who died in infancy, Linda, Lesley, Marie, Cynthia, Christine, and Sandra. Nana Pat also is survived by eight grandchildren, Amanda, Joseph, Melissa, Bryan, Lauren, Morgan, Tyler, and Autumn, and by eleven great-grandchildren. She was preceded in death by her brothers, Richard and Tom; her grandson, Colin; and her husband, the love of her life, Edwin Moser. Pat was extremely proud of her Bachelor of Arts degree in social work from Trenton State College, and her career with the State of New Jersey at the Yardville Correctional Facility for twenty years. Both Pat and Ed were major supporters of their local workers union and were longtime residents of Roosevelt where, at different times, they served on the Borough Council. Pat also served as President of the Senior Citizens Club of Roosevelt and President of the Board of Trustees for the Roosevelt Senior Citizens Housing Corporation. Pat loved her daughters, grandchildren, and great-grandchildren, all of whom were important fixtures in her life. A graveside service was held at the Roosevelt Cemetery followed by a memorial at the Roosevelt Borough Hall.

ROOSEVELT ARTS PROJECT 2013 - 2014 Season

This year's Roosevelt Arts Project (RAP) season is dedicated to the theme of the arts in education. As public schools find themselves under growing pressure to concentrate on standardized tests organized around an increasingly constricted core curriculum, and forced to operate under increasing cost constraints, the arts, rather than being seen as an integral part of any child's education, are being increasingly seen as a frill, or at best an adjunct to that education. While as artists we can be accused of special pleading, we nonetheless consider this not unfortunate, but tragic. There is abundant and compelling evidence that the arts play a central role in motivating children, increasing their engagement with school, and enhancing their performance in academic areas like math and reading. As artists, though, we recognize the immense practical value of the arts in creating an educated, highly-skilled population, but we also know that their value goes far beyond the practical. An engagement with the arts, whether it be through music, poetry, painting, theater or video, fosters the creativity, critical thinking and sense of wonder of each child in ways that test-driven curricula cannot even begin to. It is the arts that enable her to become an adult aware of her inner creative strengths and appreciative of the beauty of nature and the works of art that surround all of us every day. We all need the skills to earn our livings, and enable the United States to compete in the global economy, and yet if we are to be worthy of the civilization that has nurtured us, we need more than that, we need the soul that only the arts can provide.

12:00 - 5:00 PM Saturday & Sunday, November 9&10, 2013 COMMUNITYWIDE - STUDIO TOUR AND SALE WALK THOUGH OUR HISTORIC NEW DEAL TOWN AND VISIT LOCAL ARTISTS and ARTISANS: Atwood, Brahinsky, Edelstein, Linz, Medford, Sheehan, Shriver, Silverman, and others will be opening their studios for a preholiday show and sale. Grab a map at the Post Office Bulletin Board and wander

CALL 609 647 3635 FOR MORE INFORMATION

8:00 PM Saturday, December 7, 2013 Borough Hall ALMOST THERE Join the Roosevelt poets for a Winter Solstice Celebration.

8:00 PM Saturday, January 25, 2014 Borough Hall

GRUPO HERENCIAS

This group of local musicians from the Hightstown area plays a variety of music infused with memories of the beauty of the Andean countries and their extraordinary cultural wealth. As the name suggests, "inheritance" is about celebrating this legacy and sharing the musical traditions of Andean countries with the world, using indigenous instruments. The majesty of the zampoña (double panflute) transports us to the beautiful mountains of the Andes. The unique sound of the quena (flute) breaks through with a melody, sweet and penetrating as sunlight through the clouds, while the charango, guitar, bass, and maracas make us want to dance.

11:00 AM Sunday, January 26, 2014 Borough Hall

THE ART OF COFFEE

Balzac drank as many as 50-cups of coffee a day during "orgies of work, punctuated by orgies of relaxation and pleasure." Beethoven, Proust, Glenn Gould, Francis Bacon, Jean-Paul Sartre and Gustav Mahler benefited from coffee's powerful salutary effect. Join Mike Hamilton and practice the art of coffee roasting and brewing as we search for the pleasure inherent in the perfect cup of coffee.

ROOSEVELT ARTS PROJECT 2013 - 2014 Season Cont.

8:00 PM Saturday, February 15, 2014 Borough Hall

ALAN MALLACH PLAYS ROMANTIC MUSIC

In honor of Valentine's Day, Alan Mallach will present a concert of romantic music, some lyrical, some passionate, and some mysterious. Along with famous works like Chopin Nocturnes or Debussy's Clair de Lune, he will present rarities from the romantic period, including Arthur Foote's rarely-heard Five Poems after Omar Khayyam, adding a commentary on the works, their composers' lives, and the question, what does it mean for music to be romantic?

12:00 - 5:00 PM Saturday, March 1, 2014 Roosevelt Public School (RPS)

AN EXPERIMENTAL WORKSHOP: THE VALUE OF ART IN THE COMMUNITY ... We want to gather a variety of stories and reflections around the role of art in our community. Your participation will help shape a collective project. Open to all residents -- past and present. Come spend the afternoon or even just an hour at this informal work space. We'll provide the coffee. Keep an eye on the Roosevelt Bulletin for more information.

12:00 - 5:00 PM Saturday & Sunday, April 5&6, 2014 Assifa Space

"A MOMENT IN TIME": WORK BY ROOSEVELT PHOTOGRAPHERS Photographs by current and former Roosevelt residents. Come and re-experience these moments long after the capture of the images.

8:00 PM Friday & Saturday, May 9&10, 2014 Borough Hall

ROOSEVELT STRING BAND

In our 26th year, the Roosevelt String Band will perform many songs that we haven't done before and some we have. As usual, it will include ballads and blues, songs of love and peace, songs of troubled times and songs to help make the good times roll. We also plan to continue the tradition of having the audience sing along with some of our songs, so practice your scales and harmonies!

Voluntary Contribution:

For most events \$5 per adult, for the String Band \$10 per adult, \$5 for seniors and children. Visit RAP's webpage at http://music.columbia.edu/roosevelt. Use the link to sign up for our e-mail list. For further information call Robin Gould at (609) 448-4616.

Contributors to the Bulletin 2012/2013

Contributions received after the 15th of the month will appear in the next *Bulletin*.

Jim Alt & Susan Schwartz Robert & Robin Axel Linda Block Alexandra Bonfante-Warren William & June Counterman Lian Garton Cynthia, James & Dawn Imbrie Rick & Michelle Jaeger Sheila & Phil Jaeger Anna & Ben Johnson Lynn Lawson Jill Lipoti & Brad Garton Richard and Hope Pressler Kirk & Jane Rothfuss Margaret Schlinski Josef Green Solomon Peter Vince & Marilyn Magnes Zahora family

WEATHER ALMANAC

By Ron Filepp

High 88.7 78.6 81.3 76.6 79.2	Low 69.8 70.5 62.2 57.6	Avg 79.3 74.6 71.8	Precip 1.06	Dol'g/H Deg Days 0.0	ree
88.7 78.6 81.3 76.6	69.8 70.5 62.2	79.3 74.6	1.06	-	
78.6 81.3 76.6	70.5 62.2	74.6		0.0	93
81.3 76.6	62.2	-			0.0
76.6		71.8	0.18	0.0	4.6
	57.6		0.00	0.0	1.8
79.2		67.1	0.00	0.0	0.0
	55.4	67.3	0.00	0.0	0.0
70.0	49.1	59.6	0.00	5.5	0.0
73.6	47.8	60.7	0.00	4.3	0.0
82.4	60.1	71.3	0.00	0.0	1.3
75.2	50.0	62.6	0.00	2.4	0.0
83.5	62.2	72.9	0.00	0.0	2.8
82.3	60.7	71.5	0.00	0.0	1.5
79.6	66.7	73.2	0.09	0.0	3.2
78.2	68.5	73.4	1.16	0.0	3.3
72.5	57.8	65.2	0.00	0.0	0.0
76.4	41.0	58.7	0.00	6.3	0.0
80.5	54.2	67.4	0.02	0.0	0.0
79.7	54.9	67.3	0.00	0.0	0.0
76.1	59.8	68.0	0.00	0.0	0.0
76.2	60.3	68.3	0.00	0.0	0.0
85.7	64.3	75.0	0.00	0.0	5.0
89.8	66.9	78.4	0.01	0.0	8.3
71.6	54.9	63.3	0.00	1.8	0.0
65.3	43.3	54.3	0.00	10.7	0.0
67.1	41.0	54.1	0.00	11.0	0.0
71.8	43.2	57.5	0.00	7.5	0.0
73.4	48.2	60.8	0.00	4.2	0.0
71.1	53.8	62.5	0.00	2.6	0.0
71.1	51.6	61.4	0.00	3.7	0.0
71.8	48.2	60.0	0.00	5.0	0.0
71.8	46.4	59.1	0.00	5.9	0.0
s			2.52	70.7	41.0
	75.2 83.5 82.3 79.6 78.2 72.5 76.4 80.5 79.7 76.1 76.2 85.7 89.8 71.6 65.3 67.1 71.8 73.4 71.1 71.8 71.8 71.8 71.8	75.2 50.0 83.5 62.2 82.3 60.7 79.6 66.7 78.2 68.5 72.5 57.8 76.4 41.0 80.5 54.2 79.7 54.9 76.1 59.8 76.2 60.3 85.7 64.3 89.8 66.9 71.6 54.9 65.3 43.3 67.1 41.0 71.8 43.2 73.4 48.2 71.1 53.8 71.1 51.6 71.8 48.2 71.8 48.2 71.8 46.4	75.2 50.0 62.6 83.5 62.2 72.9 82.3 60.7 71.5 79.6 66.7 73.2 78.2 68.5 73.4 72.5 57.8 65.2 76.4 41.0 58.7 80.5 54.2 67.4 79.7 54.9 67.3 76.1 59.8 68.0 76.2 60.3 68.3 85.7 64.3 75.0 89.8 66.9 78.4 71.6 54.9 63.3 65.3 43.3 54.3 65.3 43.3 54.3 67.1 41.0 54.1 71.8 43.2 50.8 71.1 53.8 62.5 71.1 51.6 61.4 71.8 48.2 60.0 71.8 48.2 60.0 71.8 48.2 60.0	75.2 50.0 62.6 0.00 83.5 62.2 72.9 0.00 82.3 60.7 71.5 0.00 79.6 66.7 73.2 0.09 78.2 68.5 73.4 1.16 72.5 57.8 65.2 0.00 76.4 41.0 58.7 0.00 80.5 54.2 67.4 0.02 79.7 54.9 67.3 0.00 76.1 59.8 68.0 0.00 76.2 60.3 68.3 0.00 76.1 59.8 68.0 0.00 76.2 60.3 68.3 0.00 71.6 54.9 63.3 0.00 89.8 66.9 78.4 0.01 71.6 54.9 63.3 0.00 65.3 43.3 54.3 0.00 67.1 41.0 54.1 0.00 71.8 48.2 60.8 0.00	75.2 50.0 62.6 0.00 2.4 83.5 62.2 72.9 0.00 0.0 82.3 60.7 71.5 0.00 0.0 79.6 66.7 73.2 0.09 0.0 78.2 68.5 73.4 1.16 0.0 72.5 57.8 65.2 0.00 0.0 76.4 41.0 58.7 0.00 6.3 80.5 54.2 67.4 0.02 0.0 76.1 59.8 68.0 0.00 0.0 76.2 60.3 68.3 0.00 0.0 76.1 59.8 68.0 0.00 0.0 76.2 60.3 68.3 0.00 0.0 85.7 64.3 75.0 0.00 0.0 71.6 54.9 63.3 0.00 1.0 71.6 54.9 63.3 0.00 1.0 71.8 43.2 57.5 0.00 7.5 </td

MY Sorrow, when sheis here with me, Thinks these dark days of autumn rain Are beautiful as days can be; She loves the bare, the withered tree; She walks the sodden pasture lane.

from "My November Guest" by Robert Frost

WHO ACCEPT OUR RADICAL GRATITUDE?

Let light be the object of free-radical gratitude, The loose-boned light that finds the left-behind

The outside ones, the done ones, the shunned ones, Abundant light from profligate one-eyed sun

Who lets its long light down through careless dawn Spangles all the spider's fragile cables And ambles across the lawn, right up to me,

A friend, accepting my ripeness of thankfulness, Heavy as a county-fair pumpkin, like a kiss,

Whose rays tart as cranberries, bright in the corner Of aching here-and-now as cricket chirps,

Join the choir of candles at our feasting table, Kindle the eyes of the newly arrived on earth And touch through time my face with corn-silk hands,

Friend, knowing that we are in this world but once.

A Thanksgiving poem for 2013 Roosevelt, NJ David Sten Herrstrom

BUSINESS SPONSORS

The Bulletin publishes free-of-charge public information listings from Roosevelt residents and businesses, and from those in the immediate vicinity with ties to Roosevelt. Write: Roosevelt Borough Bulletin, Box 221, Roosevelt, NJ 08555. Contributions are appreciated and are tax-deductible (suggested: \$50.00/year, \$60.00 if over 5 lines.) Deadline is the 15th of each month.

AUTOMOBILE SERVICING

COMPACT KARS

3 Trenton Lakewood Road, Clarksburg, NJ 08510 Complete Mechanical & Auto Collision Repairs/Towing/Select Used Cars 609-259-6373

LANE TIRE CENTER Complete Auto Care Center All Work Guaranteed/Foreign & Domestic 387 Mercer St., Hightstown 448-9500

HOME IMPROVEMENT CONSTRUCTION, ET AL

GREG DEFOE Handyman Service

Interior/Exterior Painting Complete home repairs and renovations Fully insured PROMPT RESPONSE GUARANTEED 80 Pine Drive, Roosevelt, NJ 08555 609-448-4883 cell: 609-577-4081 gdefoe123@verizon.net

36 EAST WINDSOR FLOOR COVERING

We've got your entire floor covering needs **WOOD**VINYL**TILE**CERAMIC** Wall-to-Wall Carpets, 888 Area Rugs Two locations to serve you better East Windsor Hamilton 609-443-6999 609-890-6111

MICHAEL D. PRYZCHOCKI, GENERAL CONTRACTOR, INC. Small Job to Total Construction. Roofing, Additions. Renovations - Bathroom, Kitchens, Remodeling - Major and Minor Repairs. References Available. Fully Insured, Free Estimates, Certified Contractor. 10% Senior Citizen Discount 448-2180 N.J. Lic. #13VH01307200

ARTHUR R. STINSON CONSTRUCTION

Since 1982 Specializing in Home Addition, Bathrooms & Kitchens & Finished Basements Brick & Concrete Patios-Stamped Concrete Let us show you how we can save you money. Energy-Saving Windows & Doors Ceramic Tile

Free Estimates State License 448-0154 #13VH00923900 Fax 448-1122 Fully Insured

TOM ORLANDO PLUMBING & HEATING Master Plumber's License #12179 Fully Insured & Bonded Total Bathroom Renovation Sewer Line or Water Service Replacement Hot Water Boiler Replacement or Repair Repair Faucets, Toilets, Hose Bibbs, etc. 609-903-6488

SPECIALTIES

PET SITTER Fully Insured 609-448-8682 Discount to Roosevelt Residents Jaymie Witherspoon

PET PLEASERS Dog Training Services Certified Dog Trainer Pet Sitter Boarding & Grooming 609-426-4209

MENDIES FAMILY FARM 65 N. Rochdale Ave., Roosevelt Year-Round Farming Community-Supported Agriculture (CSA) Spring/Summer & Winter CSA memberships (609)-820-8809 • www.mendiesfarm.com

ATTENTION ROOSEVELTIANS!

We have been handling houses in Roosevelt on every street in town since the early 1940's. THE ADLERMAN AGENCY, INSURORS 317 Forsgate Dr., Monroe Twp., NJ 08831 (609) 655-7788 Mel A. Adlerman CLU, CPIA

THE BANK OF AMERICA in East Windsor The Bulletin Bank

MUSIC

GUITAR INSTRUCTION Age 7 & up David Brahinsky: 443-1898 STORYTELLING & FOLK SINGING AVAILABLE FOR PARTIES.

PERSONAL CARE

TAI CHI CLASSES Relaxation & Balance for all ages Wednesday morning - 9 to 11 a.m. Thursday night – 7 to 8 p.m. At the Borough Hall Call June Counterman 448-3182

MATH TUTORING

ROOSEVELT STUDENTS: Elementary through College Do you occasionally need help with math homework or help preparing for a test? Call Mary Tulloss (Retired H.S. Teacher) for appt.: 609-448-5096

Tutoring provided at no charge in loving memory of Sarah Tulloss.

Patronize our business sponsors. Most of them are our neighbors.

The Borough Flag,

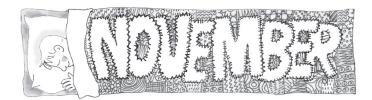




The Borough flag, adopted earlier this year, is based upon the Blue Eagle poster of the National Recovery Administration (NRA), one of the first of President Roosevelt's New Deal programs. The Subsistence Homesteads program, under which Jersey Homesteads (now Roosevelt) was planned and initiated, was established under the same law that established the NRA, the National Industrial Recovery Act.

NON-PROFIT ORG. U.S. Postage PAID Freehold, NJ Permit No, 6

PRSRT STD Postal Customer Roosevelt, NJ 08555-0221



5 Tues.		RPS Early Dismissal for Professional Development General Election, incl. Board of Education, Borough Hall
6 Wed.	7:30 p.m.)	Planning Board, Borough Hall, Jane Rothfuss, Chair, 448-3713
6 Wed.		Recycling Pickup
7 Thurs.		RPS Closed, NJEA Conference
8 Fri.		RPS Closed, NJEA Conference
12 Tues.	7:00 p.m.	Council Action Meeting, Borough Hall, Beth Battel, Mayor, 448-7701
20 Wed.	7:30 p.m.	Environmental Comm. Mtg., Borough Hall Stu Kaufman, Chair. 448-4921
20 Wed.		Recycling Pickup
21 Thurs.	7:30 p.m.	RPS Board of Education, Natalie Warner, President, 448-2913
27 Wed.		RPS Early Dismissal
28, 29		RPS Closed for Thanksgiving





3 Tues.	7:30 p.m.	Planning Board, Borough Hall, Jane Rothfuss, Chair, 448-3713		
4 Wed.		Recycling Pickup		
8 Sun.	10:00 am	Roosevelt First Aid Squad, Training Jack Rindt, Training Officer		
9 Mon.	7:00 pm	Council Action Meeting, Borough Hal Beth Battel, Mayor, 448-7701		
17 Tues	s. 8:00 pm	Roosevelt First Aid Squad, Business Meeting Jeff Klein, President		
18 Wed	. 7:30 p.m.	Environmental Comm. Mtg., Borough Hall Stu Kaufman, Chair. 448-4921		
18 Wee	d. R	Recycling Pickup		
19 Thurs. 7:30 p.m.RPS Board of Education, Natalie Warner, President, 448-2913				
23 Mon	Mon. 7:00 p.m.Council Action Meeting, Borough Hall, Beth Battel, Mayor, 448-7701			
20 Fri.	R	RPS Early Dismissal		
23- Jan	n 1 RPS Closed for Winter Break			

An electronic calendar was installed on the Roosevelt Board of Education's website containing information about state testing, upcoming field trips, events and additional pertinent information. Learn more about all of the happenings in our school, visit RPS website: www.rps1.org

Please send notice of your events to Bulletin at P.O. Box 221 or e-mail to rpressler32@gmail.com